

4-4½ Lokeh fpUe; kuan ; kP; k fopkj kpk vk/kfud f'k{k.k. k
i /nrhoj hy i Hkko %&

i Lrnf I d kks/kukrhy poF; k Øekdkpsmfí "V; Eg.kt} ^Lokeh fpUe; kuan
; kP; k fopkj kpk vk/kfud f'k{k.k. i /nrhoj hy i Hkko i MrkGuu i kg.k*"- i Lrnf mfí "VkP; k
i rhdj rk [kkyhy rhu ekxkpk voyæ dj.; kr vkyk vkgs

1½ i-iw x#no ; kP; k fopkj I j .khrhy eqsgs NCF 2005 P; k nLr, Øtkr dkBsdkB
i frfæhr >kys; koj vk/kkj hr I d kks/kdps Lor%ps fufj {k.k-

2½ i-iw x#no ; kP; k fopkj koj vk/kkj hr erkoyh o NCF 2005 P; k nLr, Øtkrhy
eql koj vk/kkj hr erkoyh- ; k nktgkP; k vk/kkjs I gl æak dk<u x#nokP; k
fopkj kps i frfæ vk/kfud f'k{k.k. iz kkyhr i MrkGuu i kg.; kr vkys vkgr-

3½ egkj k"Vª Lrj koj dk; j r vl .kkú; k fpUe; fe'kue/khy fofo/k vkpk; kúuk i-iw
x#no ; kP; k 'kS{kf.kd fopkj koj vk/kkj hr dkgh eql koj %eqs i fj f'k"Vkr tkMhy
vkgr½ ers ekxfo.; kr vkyh] R; kpk vgoky-

ojhy rhugh ckchjhy fo'y'sk.k i qhy i æk.ks

1½ I d kks/kdP; k vH; kl karh i klr >kysys eqs

NCF 2005 e/khy [kkyhy eqs vl s vkgr- T; kpk mgki kg x#nokauh
vki Y; k 'kS{kf.kd foopukr dsyk vkgs gh eqs i qhy i æk.ks vkgr-

'kS{kf.kd 0; ogkj kP; k fofo/k vaxfo" k; h dekyhph vLoLFkrk

v½ 'kkL=h; 0; oLFæe/; snykyk foj ksk dj .kkjh rkBj rk vkyh vkgs

c½ f'k{k.k thoukP; k brj vaxki kl u rpy vkgs

d½ uosKku fuekzk dj.; kP; k ekuoh {kersi kl u vud ; kstud vl yS; k i fØ; kulkp
Kku Eg.ku f'k{k.k ns; kr ; r vkgs

M½ ckydkpsorækulyk oxG.; kr vkys vl u R; kP; k Hkfo"; kpkp fopkj gks'ks vkgs

egykauk tx.; kpk vfkz mex.ks gk R; kpk mi tr {kerkpk fodkl gksks
tx.; kpk gsnwuf' pr d#u R; kpk i kBig kok dj .ks vkf.k brj kulkgh gk vf/kdkj vl rksgs
ekU; dj .ks gsf'k{k.k.kkps vLFlkps fo"k; vl rkr-

NCF 2005 ph th ekzh'kd rRos vkgR; kps cht x#nokP; k fopkj kr
vkgj rh Eg.kts

1½ Kku 'kkGkckgjh txk' kh tkM.ks

2½ ?kkdā VVhrnu f'k{k.kkph l kMo.kwd dj .ks

3½ f'k{k.k i kB; i qrd dnh u j kgrk egykP; k l okzh.k ok<hl kBh R; kpk mi ; kx dj .ks

u vH; kl Øekps dōG l kldfrd fofokrP; k uOgs rj egykP; k l kelftd] vkfFKd
i k'ozkhepk R; kP; k 'kkj hfj d] ekufi d] ckf/nd of'k"V; kpk o oxGsi .kkpk
fopkj dj .ks g; k x#nokP; k 0; fDreRo fodkl kP; k l dYi ur g; k fopkj kpscht
vkgS

u egykauk i ; kbj .k o R; kps j {k.k g; kfo"k; h l onu'khy cufo.ks gk vH; kl Øekpk
egrokpk ?kVd vkgS ; puke/; s dsys; k Hkk"K.kkā Sdh Ecology g; k fo"k; koj
R; kauh tsHkk"; dsysR; kr g; k eqj kpk mgki kg fo'k'sk vkyk vkgS

u 'kkarke; l ddirh fuekz k dj .ks gsf'k{k.k.kkps oknrhr mfi"V vkgS x#nokauh
l āwkz f'k{k.k fo"k; d fopkj gs 'kkarriwkZ eukph ?kM.k dj .kkjh f'k{k.k ; kst uk
vkgS ekufi d ckf/nd Lrj koj ; kx; eW; l ddkj dj .kkjh gh f'k{k.k fo"k; d
fopkj vkgS- ekuokps f'k{k.k gs vfkz wkZ Ogk; ps vl sy rj R; kyk 'kkarke;
thoukpk fLodkj dj kok ykxyj gh l dYi uk gh R; kP; k f'k{k.k l dYi ups l kj
vkgS

u 'kskf.kd xqkoRrpsfud"K ekMrkauk **NCF 2005** e/; suem dj .; kr vkys vkgS
dh] v/; ki u gkp 0; ol k; Eg.ku fLodkj syk if'kf{kr o l efi r f'k{k.kd oxz
mi yC/k vl .ksgh l oz{k=krhy xqkoRrph vV vkgS dks kR; kgh f'k{k.k 0; oLFkP; k

xqkoRrpk Lrj gk f'k{kdkP; k xqkoRrP; k Lrjkgwu fHkUu vI p 'kdr ukgh-

u i-iw x#nōkP; k fopkj I j .khrw tōgk vki .k f'k{k d l dYi udMs i kgrks rōgk
y{kkr ; srs dh) f'k{kdkps vk/; kRed l keF; Zgs R; kauk vfHki r vkgs T; kyk nōk
ukgh] vgdkj ukgh o tks KkukP; k ifr l efi r vkgs vl k f'k{k d R; kauk vfHki r
gkrk- f'k"; ke/; s l nxqkaps j .k dj .kkj k f'k{k d R; kauk vi s{k r gkrk- ^rwi s
ns eh f'kdforks** gh f'k{k .kkph Hkfedk R; kauk ekU; uOgrh- f'k{k d gk /ouhepzd
ul kok] vl s R; kauk okVr gkr s vktP; k 'kkGk] egkfo | ky; kr f'k{k d fo | kFkz
g; kP; kr ek= f'kdforkauk dks kR; kgh i zkj pk l d o kn vk<Gr ukgh- g; koj
R; kauh vk{k si p ?kr yk vkgs o [kU; k x#ph l dYi uk ekM yh vkgs g; kr i ked; kus
vki Y; kyk l kark ; bzy dh xhrk v/; k; 4] ^ekuofuekz k dh dyk**] , s j s ki fu"kn]
i z uki fu"kn] food p p/ke .kh] **Meditation and Life, Vision of Life** b-
x f kke/kuu R; kph Hkfedk vki Y; k y{kkr ; srs g; kp vu d k kus f'k{k .k gh Ø; oLrw
gkr ukgh gkgh eq k **NCF** e/; s ekM .; kr vkyk vkgs

u vH; kI Øekyk 'kkrk vkf .k l gvLrRo g; k rRok kh fuxMhr eW; kph Li "V fn'kk
vl .ks xj tps >kyk vkgs 'k s{kf .kd xqkoRrk gh thoup; k l ok kh .k xqkoRrsi kl uu
oxGh dj rk ; s kj ukgh- g; kI kBh 'kkrk] i ; k zj .k j {k .k vkf .k l keftd cny
g; k xks'Vh f'k{k .kkr u <dyrk R; k 'k s{kf .kd xqkoRrP; k l dYi uP; k ek/; ekruu
varHk r dY; k i kfg ts

'kkrk gs vk/kfud dkGkps egRokps eW; eku .; kr vkys vkgs tkxfrd
Lrj koj hy ng'kroknkpk tōgk vki .k fopkj dj rks rōgk 'kkrke; l gvLrRokpk vki Y; kyk
i d "kkZ s fopkj dj kokp ykx rks **Four Pillars of Education** e/; s l qnk g; kpk fopkj
dj .; kr vkyk vkgs **Education for Human Development** g; k fj i k s /e/; s g; k
rRokpk fopkj >kyk vkgs r l p **NCF 2005** P; k **Care Group** us **Education for
Peace** gk vkj k [kMkp r; kj d syk vkgs r l p ; qkus **Education for Sustainable
Development** g; kckcr fo'k s'k fopkj l # d syk vkgs vfk r vkrk ekuokyk ekuf l d

nf"Vdkuknu vf/kd l j {khr dj .ksgh ckc tkxfrd Lrjkoj eku; dj .; kr vkyh vkgs
i .k g; kl okp fopkj g; ki whz fdrh rjh o"lz vk/kh Hkkj rh; rRoKkukus dsyk vkgs
mi fu"kn dkGkr] ondkGkr x#f'k"; kP; k v/; ; u v/; ki ukph l #okr gh 'kkrhi kBkusgkr
vl s i R; sd mi fu"knkr g; kpk mYys[k vki .kkl vk<Grks i R; sd mi fu"knkph l #okr gh
'kkrhi kBkusgkr vl svkf.k g; k 'kkrhi kBknu vf[ky fo'okr l oZLrjkoj 'kkrnk ukngs gh
i kfkZuk g; kP; k ek/; eknu dj .; kr ; r vl s g; kpkp i u#Ppkj x#nokuh dsyk vkgs
'kkrnk gs eW; R; kauh egRokps ekuys vkgs fo'ks'kr% vk/kfud dkGkr i R; sd fBdk.kh
i R; sd Lrjkoj v'kkrnk vki .kkl vk<Grso gh v'kkrnk doG ekuoh eukph vfHkO; Drh
vkgs vkt Hkkdr drP; k vk/khu >ky; keGsekuokpseu vfkZr fopkj dyf'kr >kys vkgs-
tkoj ekufld Lrjkoj 'kkr Hkko fueZk gskkj ukgh rks; ; r ekuoh orZkr o
vfHkO; Drhr 'kkrnk Hkko izV gksA 'kdr ukgh- g; kl kBh x#nokuh 'kkrhi kB rj egRokps
ekuys vkgs i .k R; kp l kcr R; kauh **Meditation** pk ekxZgk vfuok; ; .ks l kfxryk vkgs 2
fml [oj] 1992 e/; s; ukusyk mÍ'skuu dsyY; k Hkk" k.kkrp R; kauh gk eqk ekM/yk gskko R; kauh
; ukusyk izu dsyk gskrk dh] txkrhy l eL; oj rkmxk dk<. ; kl vki .k dk l efkZ ukgh vkf.k
f'kok; , d ij [km izu dsyk gskrk dh] tkxfrd Lrjkoj 'kkrnk i LFkfi r dj .; kps iz Ru
; ukusvkti; ; r dk dsysukgh\ vkt tkxfrd Lrjkoj , o<h izrh >kyh i .k R; ki kl nu
ekuokyk vkiY; k thoukr 'kkrnk feGkyh dk\ vktP; k tkxfrd fLFkrhP; k l mHkkZr
vki .k [kj p l ek/kkuh vkgsr dk\ ; ukse/khy gk fopkj **Education for Peace** pk
L=ksr vkgs

f' k{k.kkph mÍ' "Vs %&

'ks[kf.kd mÍ' "Vkp; k l mHkkZr **NCF** Ek/; s [kkyhy egRokps eq's ekM. ; kr
vkys vkgs-

- u mÍ' "Vke/; snij n"Vh vl k; yk goh-
- u mÍ'sk i ktr dj .; kl kBh dkskrh l k/kusmi yC/k vkgs-
- u egykpk R; k R; k o; kr dk; f'kd. ; kph {kerk vkgs g; kpk fopkj-

- u f'k{k.k ifj .kkedkj d gks ; kl kBh Øe dl k Bokok gs gh n"Vh l kaxw 'kdrs
- u vH;kl Øekru vi f{kr mfi"Vs i klr d#u ?ks ; kl kBh mi ; Ør Bj rhy vl s ; kx ;
vutlko egykyk ?krk ; bzy- v'kk tlxk cuk; yk g0; kr-

ojhy ekxh'kd rRokpk mgki kg d#u i R; {k mĩs k l qnk uein dj . ; kr
vkys vkgr-

- u f'k{k.k.kruu eW ; k' kh cki/kydh fuekZk dj k; yk goh-
- u u0; k ifj fLFkrh' kh tGouu ?ks ; kl kBh f'kd . ks
- u l ektke/; s l gHkkxhRo fuekZk Ogk; yk gos
- u brjkd kcr l gdk; kP; k Hkkousus dke dj . ; koh oRrh fuekZk Ogk; yk goh-
- u f'k{k.kkus l tZu'khrk l kn; kps j l xg.k dj . ; kph {kerk fuekZk dj k; yk goh-

i -i w x#no gs Visionary gkrs R; kP; k f'k{k.k fo"k; d l dYi uk nij
n"Vh gkR; k- R; kauk f'k{k.k.kruu , dkRe ekuo vi f{kr gkrk o g;k , dkRe ekuo
fueZhl kBhp R; kps f'k{k.k fo"k; d fopkj vkgr- **Integreted Human Making Process**
gh nh?kdkyhu o l krR; i w k i fØ; k vkgs **NCF us Integreted Development** pk fopkj
dsysy ukgh-

ckydkyk] 0; fDryk vuud ckg; 'kkL=kpsKku vl sy i .k R; kps0; fDreRo
l erky ul sy rj g;k l oz'kkL=kpk rksmi ; kx d# 'kdr ukgh- Eg.kuu mfi"Vke/; snij
n"Vh vl k; yk goh- gh ckc vR; ar egrokph Bj rs gh nij n"Vh gh vkrfj d o ckg; g;k
nkldghgh n"Vhuh vl k; yk goh- g;k nf"Vdkukruu x#nokps; ksnku JSB Bj rs mfi"Vkd kBh
l k/kukpk fopkj dj rkauk tō<h ckg; mi dj .ks egRokph vkgr rō<hp fdicguuk g;k gh
i s{k 0; fDrph Kku i klrh mi dj .ks gh egRokph vkgr- mfi"V; s i klr d#u ?ks ; kl kBh
l k/kusgh rō<hp l {ke vl koh yxrkr- ekuokpsmi dj .k Eg.kts 'kj hj] eu] c/nh g;k
ckch l {ke vl k0; k gk fopkj vR; ar egRo i w k Bj rks gh rhugh l k/kus l {ke vl rhy
rj p ckg; l k/kukpk ; kx; fBdk.kh ; kx; oki j dj . ; kph {kerk ekuokP; k vaxh ; Å 'kdrs

vkf.k Eg.ku dsoG Kkukpk oki j gkp eq'k egRokpk ukgh rj R;k l k/kukpk fopkj
 x#nokauh ekMyk vkgs uOgs g; kpgi foekpu R; kP; k f'k{k.k fo"k; d fopkj kr vki .kkl
 c?kko; kl feGrS fo | kF; kP; k R; kP; k o; kr f'kd. ; kph {kerk i kgw f'k{k.kkph ; kst uk
 egRokph Bj rs g; kckcr x#nokauh o; kxVkuq kj f'k{k.kkph , d ; kst ukp i Lrqr dsh
 vkgs i R; d o; ke/; s R; kP; k o; kr fodfl r gks kku; k {kerk o R; k o; kr R; kauh dks krs
 f'k{k.k ?; kos gk fopkj x#nokauh l kixryk- g; k eq'kpk fopkj dj rkauk ^tUeiwZ
 f'k{k.k** gk fopkj vR; r egRokpk Bj rks uohu f'k{k.k i/nrhsg; k eq'kyk LFku fnys
 ukgh- i.k ekul 'kkl=krhy vuop'k ifj l j kP; k fu; ekuq kj ekuokP; k 0; fDreRo
 fodkl kr tUeiwZ voLFkgh egRokph ekuyh vkgs o tUeiwZ voLFki kl wu R; kauh /kfezd
 o vk/; kFRed f'k{k.kkyk i k/kku; fnys vkgs Hkkj rh; rRoKku o foKku g; k nkgpkgh
 l ca/k R; kP; k fopkj l j .khe/; s vki .kkl igko; kl feGrks **Heart** vkf.k **Head** g; kpk
 l erksy fodkl gkbzy v'kh f'k{k.k i/nrh R; kauh l pfoyh-

f'k{k.k fo"k; d fopkj dj rkauk eW; ka kh cakhydh R; kauh l kixryh vkgs
Faith vkf.k **Conviction** g; ke/khy Hkn R; kauh Li"V dsh- f'k{k.kkruw tj ekuokpk
 l okh.k l erksy fodkl Ogk; yk vl sy rj R; kr 'kkj hfj d] ekuf l d] cks/nd ?kVd ; rkr-
 g; k rhugh Lrj koj eW; kps egRo R; kauh fo"kn dsys vkgs o Hkkj rh; l d'rhul kixrysh
 l R;] vfgd k o cgep; Z g; k rhu eW; koj R; kauh Hkj fnyk vkgs eW; kckcr R; kpk
 nf"Vdku mnkj o 0; ki d gsrk- eW; ckcr ud rh ppkZ R; kauh udks gsrh rj tkoy g; k
 eW; kps i R; {k vkpj .k gskkj ukgh rkoj g; k txkpk fodkl gskkj ukgh- thoukph
 xqkOrk ok<.kkj ukgh- ekuoke/; s vud udkj kRed xqk vl rkr] oRrh vl rkr g; k
 oRrhuk l dkj kRed cufo. ; kph ; kst uk gh /kekZtoG vl rs /kfezd f'k{k.kktoG vl rj
 vl sR; kps Bke er gsrS g; k eW; l ddkj kruw R; kauh euq; Roki kl wu noRokdMsokVpky
 vi f{kr gsrh- eW; kpj .kkruw R; kauh **Individual Perfection** vi f{kr gsrS **Individual
 Perfection Leads to toal Perfection** g; koj R; kpk fo'okl gsrk- l ek; kst u {kerk]
 fu.kZ {kerk g; kyk R; kauh fo'ks'k i k/kku; fnys vkgs

v/; ki u vkf.k Kku %&

u ckyi .k gk fodkl kpk vkf.k cnykpk dky [kM vl rks T; kr eykP; k 'kkj hfj d o ekufi d {kerkpk l a w k z fodkl gks ks vi s {kr vl rs ckydnh v/; ; u v/; ki u i/nrh Eg.kts eykP; k vutlkokauk R; kP; k fopkj kauk vkf.k R; kP; k fØ; k'khy l ghkxkyk i k/kku; nsks gks - g; k i/nrhP; k v/; ki u 'kkL=kr eykpk ekufi d fodkl o R; kP; k vkoMhfuoMh y {kk r ?ks Å u vH; kl Øekpsfu; kstu dj .ksegrOkps vl rs

u fo | kF; kps d r g y tki kl Y; k xsys i kfgts

u Kkukl ksrp R; kph vutlkoka kh l kM ?kky .; kph {kerk fodfl r dsh i kfgts

u 'kkj hfj d] Hkkofud l g f {krrk gkp i kFkfed] ek/; fed f'k{k.kkpk eyk/kkj vkgs

u 'kkj hfj d fudki ok< vko' ; d vkgs

u vkdyukP; k i fØ; r dirh Hkk" kP; k l gk; kusLor%pk txkpk vFlz yko. ; kph {kerk varHkr vl rs

u eysfofo/k ekxkZus f'kdr vl rkr-

u f'kd. ; kph i fØ; k 'kkGr r l p 'kkGsckggh l # vl rs

u fodkl gks ; kP; k n"Vhus i kSxMkoLFkpk dkG egRokpk vkgs

u pkrq kZus vankt dj .ks gs oSk v/; ki u 'kkL=h; l k/ku Eg.ku fLodkj k; yk gos

u fuf'pr ekfgr vl syso l k/kkj .k ekfgr vl sysg; kr KkufufeZh gkr vl rso gs Kku cl; kpnk dks KY; kps # i /kkj .k dj r vl rs

u f'kd. ; kr fØ; k'khy i .ks xq .ks vkf.k pksd l i .kkpk 'kks'k] i z u fopkj .kj oknfookn] mi ; kstu vkf.k fparuk}kj s fl /nkar fufeZh g; kpk varHkb gksrks

u l Hkkorkyps okrkoj .k ful x] ?kVuk vkf.k ykcd ; kP; k'kh dirh o Hkk"ks}kj s l k/kyS; k ij Lij fØ; sru f'k{k.k ?kMr vl rs

u izdYi vkf.k dirh gs f'kd. ; kps of' k"V; cu .ks vko' ; d vkgs

u th eys f'kd.; kl kBh i fjr ukghr R; kauk i fjr dj.; kph tckcnkj h f'k{kdkph vkgs

u f'kd.ks vkf.k Kku l a knu rs i kj [kuu ?; ko; kps vl rs vkf.k R; k vk/kkj kus rs fueZk dj k; ps vl rs i kB; i qrd vFkok f'k{k kd gs Kkukckcr vfire vf/kdkjh vl rkr-

u fo | kF; kauh l adYi uk l etuu ?ks; kl vkf.k rs f'kdr vl yys Kku fueZk dj .; kl vkRel kr dj .; kl l gk.; Hkr Bj rhy v'kk f'kd.; kP; k drh] vuHkokph j puk dj .ksegRokps Bj rs

u l gHkx i wkZ f'kd.ks vkf.k f'kdfo.kj Hkkouk vkf.k vuHko g; kauk oxkZ , d fuf'pr LFkku vl k; yk gos

u l ak"kkZyk , d v/; ki ukps ræ oki j Y; kl eys l ak"kkZyk l kels tk.; kl l eFlZ gksrhy-

ojhy l oZfopkj kps eG x#nokP; k fopkj l j .khe/; s vkgs vl svki .kk l y{kkr ; rs x#nokp ckydckcrpk nf"Vdku tks vkgs R; kP; koj y{k dnhr dY; kl vl s y{kkr ; bZy dh] g; k fopkj koj x#nokauh g; ki nhp Hkk"; dsys gksr s vkt ps fo | kFkZ gs pqkpqkhr vkgr] gqkkj vkgr- orZku ; xk'kh l keuk dj .; kl kBh R; kauh Lor%e/; scj hp of'k"V; sfodfl r dsyh vkgr- vkt l oZuohu i fj fLFkrh'kh tGouu ?ks; kl kBh R; kP; kr vuud fo'k'sk xqk of'k"V; gh vkgr- g; kph n[ky x#nokauh ?ksr-yh gksr-

vktP; k eys kps nf"Vdku] thoueW; } R; kP; k dYi uk] /; s dnrs vkf.k l kn; Z g; kauk mRre vkdkj o ?KM.k fnyh rj vki Y; k l /; kP; kvi s kuud kj tx vf/kd plaxys l d akVhr vl s tx fueZk k gksÅ 'kdsy] vl kgh R; kauh ckydckcr vk'kkokn 0; Dr dsyk gksr- ekxhy 'krdr ckydkoj vuud v/; ; u v/; ki u i/nrh l ki foY; k xY; kr i .k vkrk r l s ?KMk; yk udks dkj .k g; k ckg#u yknyY; k i/nrheGs ckydkps tx fodir cuys vkgs d#i cuys vkgs vkf.k Eg.kuu uouohu v/; ; u] v/; ki u i/nrh fueZk k gks; kph vko'; drk vkgs vki .k g; k n"Vhus vkrk fopkj dj k; yk gok gh l ipuk x#nokauh dsyh gksr- fo | kFkZ i qrdknru vH; kl Øekru l oZ ckch f'kdr ukgh- rs vuud j .knru cU; kp xks"Vh f'kdrkr- fo | kFkZ gs i kydkps R; kpi æk.ks f'k{kdkps plaxys

fufj {kd vl rkr- fo 'ks'kr% v'kk f'k{kdkaps T; kuh R; kP; k eukr vknj vkf.k iæ fuekZk
 dsys vkgs f'k{kdkph dks krhp dirh gh fo | kF; kdfj rk vl æ/n ul rs I Hkkorkyps
 okrkoj .k 0; Drh bR; knhP; k ek/; ekru fo | kFkhz gk f'kdr vl rks f'kd.; kph gh i fØ; k
 'kkGr rlp 'kkGs ckgj gh l# vl rs ckydkyk ; kx; fopkj dj k; yk f'kdokos ykxsy
 g; kl kBh rs T; k ifj fLFkrhr f'kdr vkgs fofo/k l dYi uk xg.k djhr vkgs- R; kdfj rk
 i ks'kd okrkoj .kkph fufeZh egRokph vl rs ckyd tØgk v/; ; u dj rkj f'kdrks rØgk
 R; kps f'k{kdk gh l g f'kr v'kh olrq vl rs g; kp fo | kF; kps o f'k{kdkaps v/; ; u
 v/; ki ukckrps l gHkkxhRo egRokps vkgs x# gk fi R; kP; k Hkfredr vkgs rks fo ØR; kP; k
 Hkfredr ukgh- gh fo | kF; kzyk Hkkofud l g {khrnk vki Y; k f'k{kdkP; k l nHkkZr vl rs vkf.k
 Eg.kuup f'k{k.k i fØ; rhy R; kps l gHkkxhRo ok<ys vkt vk/kfud ; qkr ckydkyk vud
 vkØgkukuk l kejs tkos ykxrs vkØgkukuk l kejs tk ! gs l oZ' f'k{k.k i/nrhr l kfxrY; k
 tkrs i .k g; k vkØgkukuk rkm nskuk vud l æ"kkuk rkm | kos ykxrs g; k l æ"kkuk d'kk
 izkj s l kejs tkosg; kps ekxh'kZu ek= g; kr vk<Gr ukgh- x#nokp **Value Based
 Management** e/; sg; kckcrpsekxh'kZu vki .kk l i gko; kl feGr s

fo | kF; kP; k 0; fDreRo fodkl kpk egRokpk ?kVd Eg.krs 'kkj hfj d ok-<
 g; kl kBh x#nokuh l W Z ueLdkj kps egRo l kfxrys o l W Z ueLdkj gk ckyo; ki kl uu
 fo | kF; kZuk ns ; kr ; kok] vl sR; kps er gkrs dkj .k g; k l q Z ueLdkj kuu 'kDrhph mi kl uk
 rj gkrs o vki Y; krhy l q r 'kDrhph i fprh fo | kF; kzyk ; rs vFkZr ckydkP; k 'kkj hfj d]
 ekuf l d] ckS/nd o vk/; kFRed fodkl kl l W Z ueLdkj gk vko' ; d vkgs

"Kids are not pet" g; k ys[kkr ckydkaps 0; fDreRo gs vR; r egRokps
 vkgs R; kulkgh vki Y; k 0; fDreRokckr tk.k vl rs i kydkauh R; kP; k 0; fDreRokph
 n[ky ?ksÅu R; kP; k' kh orZu dj k; yk gos ckydkuk R; kP; k fo 'ks'k ns[kj s[khph vko' ; drk
 vl rs i kY; vR; r NksV; k NksV; k xks'Vho#u i kY; kyk Vksdrkrk- R; kp oGh rs vki Y; k
 i kY; kph l onu'khyrk ekj r vl rkr vkf.k Eg.kuu eys v'kkp okrkoj .kk f'kdrkr tFks
 R; kP; k 0; fDreRokph n[ky ?ksyh tkrs **Learning Environment** gh l dYi uk x#nokuh

g;ki vhp ekMyh gkrh- eygh fofok elxkZusf'kdr vl rkr- f'kd.; kph gh fØ; k 'kkGr
rl p 'kkGsckgg gh l # vl rs 'kkGk ckgg g; kpk vFkZ dV/c I ektkP; k Lrjkoj gsdk; Z
l # vl rs vkf.k Eg.kuu dksV/c d o l kelftd Lrjkoj okrkoj .k i fo= Bø.ksgh ckc vR; r
egRokph vkg; dV/cr vkb&omhykoj gh tckcnkj h ; rsrj l kelftd usRo gsfudki
vl kos g; kyk R; kauh oxGh ; kst uk vki Y; k fopkj kr fnyh vkg; g; kpk mgki kg NCF
2005 e/; svki .kkl vk<Gr ukgh-

x#nokauh ckyd f'k{k.kkph th ; kst uk fnyh vkg; R; kr fofHkUu v/; ki u
rRokpk varHkKb vkg; g; kpk vki .k ; ki vhl mYys[k dsyk vkg; g; k ; kst ushy l okr
egRokph ckyd f'k{k.kkl kBh vl .kkjh ckc Eg.kts24 rkl 365 fnol v/; ; u v/; ki u
ifØ; k vl koh- fo | kF; kps fufj {k.k gs **Passive** ul rs ck; i fj lFkrhpk rs vR; r
pkrq kZusfufj {k.k dj rkr o R; kP; k LoHkkokyk > i sy v'kk ?kVukpk rs vntk cka/rkr o
vki Y; k orZkr R; kps vuqj .k dj rkr vkf.k uedk R; kpk gk xqk/keZ y{kkk ?kÅu gs
v/; ki u 'kkl= Eg.kuu fodfl r dj k; yk gosgh ckc x#nokauh l kaxryh vkg; dykauk
v/; ki ukps dk; Z Eg.kuu flodkj kos gk R; kpk fopkj ukoh.; i wZ vl kp vkg; dkj .k
dkskR; kgh dymu , dkRe fodkl rj l k/; gkbyyp i .k R; kp l kcr R; k R; k dym R; k
ckydkyk i kj xRo i ktr gkby- rks Lokoyach cusy- Hkkj rkyk [kU; k vFkZus egkl Rrk
cufo.; kP; k n"Vhusgh ckc vR; r egRokph Bj rs f'kok; KkufufeZrhp i fØ; k gh ts
ekfgr vl ysyso l k/kj .k ekfgrh vl ysys; kP; k e/; svl rsgs Kku dksKY; kps#i i ktr
dj rsg; k nf"Vdkukruu gk fopkj vR; r egRokpk Bj rks i kS&MkoLFkpk dkG gk vR; r
l onu'khy o egRokpk vl rks gh ckc l oþ ekul 'kkl=Kkauh ekMyh vkg;

Kkukpk ik; k jpyk tkby v'kki zkjs v/; ; u] v/; ki u o vH; kl Øe
vl kok- g; k vk/kfud fopkj kpscht x#nokP; k o; kuq kj f'k{k.kkph l dYi uk th R; kauh
ekMyh R; kr vki .kkl vk<Gr; f'k{k.kkph mfi"V egRokph vl rkr o rh mfi"V; sR; kP; k
o; k'kh fuxMhr vl rkr- R; k o; krhy xj tkahk fuxMhr vl rkr- gk vk'k; tks ^Kku
vkf.k vkdyu** g; k mi ?kVdkr NCF usekMyk- g; kckcr foopu x#nokP; k fopkj kr

vki .kkl igko;kl feGrS g:k o;ksVkr fu/kkj hr dsyY; k vH; kl Øekr mi fu"knso xhrk
g:kpk mYys[k x#nokuh dsyk vkgs g:kps egRokps dkj .k Eg.kts g:k fo"k; kP; k
v/; ; ukps vf[ky thoukrhy fo |kf; kps l gHkxhRo ok<fo. ; kph {kerk R; kP; k vaxh
fodfl r gkrs ex rs {ks= vkfKZd vl kj l kelftd vl ks vFkok jkt dh; vl ks thou
tx. ; kps l keF; Zg; keGsekuokP; k dirrhhy l gHkxhRo g:k ?kVur ?kMu ; ; kl enr
gkrs gh ckc x#nokuh egRokph ekMyh- QDr tsfo"k; ; kauh l pfoys R; kpk fopkj
uohu f'k{k.k izkkyhr gkr ukgh- R; keGsekuokP; k KkufufeZrh l 'tu'khyrk] fØ; k'khyrk]
l gHkxhRo g:k l dYi uk ojojP; k okVrkr dkj .k dG vk/kfud foKkukP; k vH; kl kus
ojoj g:k {kerk fuekZk >kY; kpk vkHkl fuekZk gkbZy i .k R; kpk okij dGgk dj kok
g:kpk food of/naxr gskkj ukgh- vk/kfud f'k{k.k izkkyhr Kku dl sfuekZk gkr} R; kps
l ?kVu dl sgrsR; kpk yHk dks kkyk gkrk} R; kpk mi ; ks d'kkl kBh gkrks Kkukckr g:k
ckch y{kkr ?kÅu R; kud kj f'k{k.k kP; k mfi "Vkrh fuf' prh dj .kj vH; kl Øekph fuf' prh
dj .ks gh ckc egRokph ekuyh vkgs Kkukpk [kj k vk'k; g:k vufHkK vkgs dkj .k
KkukP; k l nHkZr g:k vl sHkk"; dsys vkgs dh] ^tj KkukdMs vfire Qyhr ok r; kj
mRi knu g:k #i kr l kfgysxsysrj egkP; k eukoj gLrkrj hr dj .; k tksx ekfgrh Eg.ku
R; kps l ?kVu dsys tkrs o f'k{k.k Eg.kts QDr ekuoh Kku l xgkpk l kBk dj .ks vkf.k
gLrkrj .k dj .ks R; kP; k'khp l dñ/kr jkgrs o Kkukckr g:k ; k nf"Vdkskr f'kd.kkj h
0; Drh gh QDr fuf"Ø; xg.kdrhZcurs gh okLrfodr k uein dj .; kr vkyh vkgs ex
g:k fBdk.kh izu mnHkorksrks [kj sKku Eg.ktsdk; \ o gsKku ekfgr vl u 'kdr ukgh
vkf.k Eg.ku frps l ?kVu dj .; kpk izu mnHkor ukgh- g:k ckerph fuf' pr i j Hk"kk
NCF 2005 e/; s vk<Gr ukgh- QDr gk nf"Vdksu vk<Grks dh] Kku gh l dYi uk
fufj {k.k] Hkkouk] fparu] dirh] l gHkx g:k kP; k ekQr txk'kh dsysy l dkn vkgs KkukP; k
i klrhhy o i klrh urjP; k fØ; k g:k vkr uein dj .; kr vkY; k vkgs- i .k ueds Kku
Eg.ktsdk; \ g:k ckr foopu ukgh- gsfoopu ek= x#nokuh vfr'k; i Hkkoh ekMyh
vkgs Kku gs vufHkkoU; vl rsg; k ckchoj R; kauh ekMyh dh] vufHkkoP; k ekxsk; j r
vl .kkj; k eukeGsekuokyk Kku i klrh gkrs g:k vFkZus Kku i klrh gh uš fxb i fØ; k Bj rs

vkf.k Eg.kuu eu o bānz; g; kPkk l d nkn vl .kkj k 0; fDrp gk [kj k Kkuh vl w'kdrks o
gk Kkuh euđ; Kkup{kkup txkdMsc?krks vkf.k Eg.kuu ckg; txkr okoj .; kps dks kY;
R; kP; k fBdk.kh fuekZ.k gkrks x#nokaui l oZkuki s k vkReKku J'SB ekuys vkgs

egy kP; k i kFkfed {kerk Eg.kuu uohu f'k{k.k i/nrhus vkdyu eW; s
vkf.k dks kY; s g; kP; k fodkl kyk i k/kkU; fnys vkgs gkp nf"Vdku x#nokaui g; k i noh p
ckyd f'k{k.kkpk fopkj dj rkauk vfHkO; Dr dsyk vkgs o g; kl kBh ckydkr T; k dyk
tUer% fo | eku vkgs- R; kP; k fodkl koj Hkj fnyk vkgs g; kl kBh okrkoy .k fufeZrh
R; kauh egRokph ekuyh vkgs gh okrkoy .k fufeZrh ex rh Hkkf"kd vl kJ l ddkj kph vl ks
fdok dirh'khy vl ks gh okrkoy .k fufeZrh ; kX; >kY; kl ckyd Lor%ph eW; s o eW;
iz.kkyh fodfl r d# 'kdrks r l p R; kps dks v fcd okrkoy .k l kelftd okrkoy .k o
ckyd kP; k R; kP; k' kh gks kkU; k fudksi vkarj fØ; k g; kriu R; kP; k thoukyk vkdkj feGrks
i kydkpsorZu l ektkrhy uR; kpsorZu brj ?kVdkP; k vki l krhy vkarj fØ; k g; kriu R; k
ckyd kps Lor% kh] brj ká kh] fu l xkZ kh gks kjs ukrs g; kriu [kU; k vFkkZus R; k ckydkP; k
l nkpj kpk o ufrd vkpj .kkpk ik; k j pyk tkrks gh ckc x#nokaui izd"kkZus l káxryh
o g; kl kBh vxnh R; kauh i kyd f'k{k.kkoj gh Hkj fnyk- tks uohu f'k{k.k iz.kkyhr fnyk
tkr ukgh- f'kok; l oZ ?kVdkP; k vki l krhy vkarj fØ; s kcrp l ká dfrd vkarj fØ; kgh
egRokph R; kauh ekuyh vkgs o g; kriu ckydkP; k dk; Zdj .; kP; k {kerk fuekZ.k gkrkr-
g; k dirh Lo; á j r o R; kP; k r l ello; vl .; kph vko' ; drkgh R; kauh fo"kn dsyh vkgs
0; ogkj krhy Kku %&

NCF 2005 us0; ogkj krhy Kkukoj fo'k'sk Hkj fnyk vkgs o g; k Kkukyk
fo | k 'kk [kkps #i ; s; kl kBh R; kr vf/kd l á kks'kukph xj t vkgs g; k eqj koj g; kp
izdj .kkf fo'k'sk Hkj fnyk vkgs ckyd f'k{k.kkph ; kst uk eká/rkauk o fopkj g; ki noh p
x#nokaui dsyk o ckydyk R; kyk voxr vl .kkU; k KkukP; k ckrhr rRo] i fØ; k]
v/; ; u o l á kks'ku g; k ekxkriu tk.; kckr l pfoys vkgs

Kkukph i qufufe7rh %&

vkt Kkukph i qufufe7rhj dksrjh cakusvkyh vkgr- dkj .k Kku gh
 LadYi uk vki .k can dsh vkgs okLrfod vki Y;k ifj l j knu eys ts i frfØ; k dj rkr R; k
 i frfØ; knu R; kP; k Kkukph fufe7rh gkr vl rj j puk gkr vl rs **NCF** e/; sgk eqk
 vH; kl Øe j puP; k l nHkk7 ekM.; kr vkyk vkgs x#nokuh gk eqk 'Our Children
 Our Future' g;k i qrdkr vfr'k; i Hkkoh ekMyk vkgs f'kok; gkp eqk R; kauh
 'Brighter World for our Children' g;k ys[kkr ekMyk vkgs g;k ys[kkr R; kauh ifj l j
 LadYi us dVpkyk tkLr ik/kku; fnysvkgs o T; k ckch eysvki Y;k ifj l j knu f'kdrkr
 rhp ckvki .k ikB; i qrdknw l etkou nsÅ 'kd.kkj ukgh- g;kckch vki .k , [kk|k
 eW; l LFkrugh #tow'kd.kkj ukgh- gkp eqk uohu vH; kl Øekr ekM.; kr vkyk vkgs
 dhj eykP; k f'kd.; kyk eykP; k l nHkk7 kh R; kP; k l HkkorkyP; k txk'kh tkM.ks vko'; d
 vkgs dkj .k Kku Eg.kts txk'kh tkMwu ?ksks gks - x#nokuh tØgk o; kud kj f'k{k.kkph
 ;kst uk ekMyh R; kr R; kauh vl suem dsysvkgs dhj ey 5 o"kkps >kY; koj 'kkGr tk; yk
 l efkZ cursR; kpsR; kP; kr l keF; Zvkysys vl rs g;k o; kr R; kP; k orZuky vki .k ; kX;
 oG.k ns; kpk iz Ru dj k; yk gok-** gkp eqk **NCF** e/; sekM.; kr vkyk vkgs rks g;k
 #i kr dhj ^i R; d fno'kh eys R; kP; k l HkkorkyP; k txkps vuqko ?ksÅu 'kkGr ; r
 vl rkr- tØgk rs ifgyhP; k oxk7 ; rkr rØgkp R; kP; kdMs l e/n Hkk"kk ikFkfed fØ; k
 vl rkr- i .k vki .k R; kP; k g;k Kkukpk mi ; ksx d#u ?; k; yk gok- vFkk7 g;k fBdk.kh
 f'kd.; kph fØ; k R; kP; k nsu7nu vuqkok'kh fuxMhr dj .ks vfuok; Zvkgs vFkk7 LFkkfud
 ifj l j gk us fxb f'k{k.k l d k/kukpk ekud B# 'kdrks ; k ckchuk v/; ; ukr egRo
 i klr gks l kadfrd ?kVdkuk **NCF** usegRo fnysvkgs o l kadfrd ?kVd l qnk v/; ; u
 v/; ki ukpsek/; e Øgk; yk goj vl suem dj .; kr vkysvkgs i-iw x#nokuh l kadfrd
 ?kVdkoj Hkj rj fnykp i .k R; kP; k l kcr /kkfed o vk/; kRed ?kVdkok l qnk fopkj dshk
 vkgs dkj .k /kezo v/; kRelf'kok; l d7rh gh LadYi uk i wkz gkr ukgh-

fodkl kph n[ky ?ks ; ktks; k ckch %&

vH; kl Øekl ædkph fuoM dj rkauk i wZ kFkfed voLFks kl u ckydkP; k
 fodkl kpk o R; k o; krhy xj tkpk fopkj d#u vH; kl Øekph j puk dj .; kr ; koh gk
 nf"Vdku **NCF** pk vk<Grks gk nf"Vdku o; ksVkuq kj ckyd f'k{k.kkph ; kst uk nsÅu
 x#nokuh ; ki wZ ekMyk vkgs KkufufeZhdj rk g; k ckch egRokP; k vl rkr- dkj .k
 Kku fufeZhl kBh vuHkpk ik; k vkf.k vkiY; k ckG; txk'kh l q dkn egRokpk Bj rks
NCF us Kku fufeZhl kBh g; k i fØ; kph ; kst uk dsh nj x#nokuh KkufufeZhl gh
 uš fxZ i fØ; k ekuys vkgs i .k vk'k; rkp vkgs f'kok; g; k Kku fufeZhl kBh
 vktoktP; k ifj l j koj egRo nsks egRokps vkgs x#nokP; k ersg; k ifj l j kps l # i æ
 gs vkgs g; k i æG okrkoj .kkrp ckydkps v/; ; u Kku fufeZhl 'kD; vl rs **NCF** us
 i wZ kFkfed dkGkr xf.krkoj o Hkk"koj Hkj fnyk vkgs i .k gh ckx #nokP; k fopkj kr
 vk<Gr ukgh- R; kauh ek= i wZ i kFkfed voLFks gLrdykukp tkLr ik/kkU; fnys vkgs
 fo"k; k k fo'k'sk egRo fnys ukgh- **NCF** us fo"k; kP; k oxhZj .kkyk fo'k'sk egRo fnys ukgh-
 Kku {ks= , dkRei .ks l knj dj .; kpk **NCF** pk fopkj gk x#nokP; k dyP; k f'k{k.kk'kh
 feGrk tGrk vkgs dkj .k , [kk | k gLrdyP; k oxkZhu Kkukph , dkRer l k/; gkrs
 R; k nu R; kyk fofo/k fo"k; kps vukš pkfj d Kku i klr gkrs f'kok; **NCF** us EgVY; ki ek.kš
 ^; ke/; s l kelftd l gl æk l kñ; kRed {kerkpk fodkl b- xk"Vh varHkkb gkrs fo'k"V
 fo"k; kP; k vk/kfud l etY; k tk.kkU; k fo"k; kpk mgki kq dsh ukgh i .k R; k fo"k; k k
 vko' ; d vl .kkU; k {kerkpk fopkj ek= R; kauh dsh vkgs

ek/; fed Lrjkoj i k kps ; r fo | kF; kpk KkukRed ik; k i Ddk >kyk
 vl rks gh ck Li"V dj rkauk x#nokuh uen dsh vkgs dh] "In this year the child
 is stretching his emotional and Intellectual abilities into ever widening fields",
 vkf.k Eg.ku v'kkoGh x#nokuh dG fo"k; f'kdfo.; koj p Hkj fnyk ukgh- rj mPp
 vkn'kkps /kMs ns ; koj R; kauh Hkj fnyk vkgs g; kps egRokps dkj .k Eg.kts x#nokuh
 fØ; k'khy vk/; kRed 0; fDreRo f'k{k.kkru ?kMok; ps gkrs

vH; kl Øekph {ks= 'kkys; Lrj vkf.k eM; kadu %&

iLrnf idj.kkP;k ifgY; kp ifjPNnkr uein dj.; kr vkys vkgs dhj
dysyk eQ; vH; kl ØekP;k eQ; iðkgr vk.k.; kph xjt vkgs gk fopkj x#nðkauh
dðG iðkgr vk.k.; ki g rkp dsyyk ul u dyk gp f'k{k.kkps ek/; e cukos vl k dysk
vkgs dkj.k dysru vud ekufi d xqkkpgh mlU; u gkrs

Hkk"kk f'k{k.k.k %&

Hkk"kk f'k{k.kkckr NCF e/; spkj Lrj vki.kkl vk<Grkr- ekrHkk"kk &
jk"VHkk"kk & l ðr & ij dh; Hkk"kk ; k pkj Lrjh; fopkj dj.; kr vkyk vkgs gk fopkj
x#nðkauhgh dysk vkgs l ðr Hkk"koj R; kps fuj kfr'k; iæ gkrs o Kku Hkk"kk Eg.ku
R; kauh baxzhHkk"kp fLodkj dsyyk gkrs- onkrkps Kku mPpoxh; kã ; ðr i kgkpkos Eg.ku
R; kauh baxzhrnu vud iðpusfnyh vkgs- fo | kF; kzyk l etsy v'kk Hkk"kr l oZKku vl kos
vl kp R; kpk vVvkgl gkrs-

vH; kl Øekr R; kauh /keZfkkpk varHkkb dsyyk vkgs g; kps egRokps
dkj.k Eg.kts R; kpk g; k ckchoj fo'okl gkrs dhj i fke ekuoh euky k oG.k ykx.k
vko'; d vkgs R; kuarj dh thou tx.; kps f'k{k.k nrk ; bzy o g; k f'k{k.kkru R; kauh
l qj eukph fufeZrh dj k; ph gkrs- f'k{k.kkru thou tx.; kl l eFkZ ek.kit R; kauh
?kMok; pk gkrs- i.k g; k vk/; kRed f'k{k.kkru ckydkP; k foHkUu {kerk fodl ukoj
R; kauh Hkj fnyk vkgs T; k {kerk R; k ckydyyk brj fo" k; kps vkdyu ?ks; kl enruhl
Bj rhy R; kr i keQ; kusppkZ dj .ks l ðkn l k/k.kj iz u l kM.kj ; ðrhokn dj .ks b- uouohu
v/; ; u v/; ki u i/nrh T; k vkt **Interactive process** Eg.ku x.kY; k xY; k vkgs-
R; kpk mgki kg R; kauh vkiY; k v/; ; u v/; ki ukP; k Lo#i kr dysk vkgs f'kok;
fofo/k v/; ki u l #kpk l qnk R; kauh mgki kg dysk vkgs vk/kfud foKkukckr R; kpk
nf"Vdku l dkj kRed gkrs- foKkukP; k i xrhl kcr R; kauh vk/kfud foKkukP; k e; kzhgh
l kfxrY; k- Hkkj rh; rRoKku l ekt'kkL= g; kP; k vH; kl koj R; kauh l dkj kRed nf"Vdku

n'kfoyk vkgs Lokræ;] U;k; eW; g;kpk [kjk vk'k; dGkok g;kckcr rs xkxkh; kLus
fopkj djhr vl r- dkj .k rsHkkj rh; rRoKkukpsHkkj rh; I kfgR; kps dG vH; kl dp
u0grsrj rs iZ[kj jk"VHkDrp gksrs

iZrkfor Kkufeekal k 'kkL=h; pksdV %&

iZrkfor vH; kl Øekph pksdV ekMruk **NCF** 2005 e/; sjk"V^a I dYi usyk
iZkkU; fnys vkgs x#nokP; k fopkj kpk jk"V^a I dYi uk gk vkRek vkgs f'kok; Kku r".kk
fuekZk gsksg;k i fØ; o; x#nokauh Hkj fnyk gsrk gh ckc thou vH; kl Øekr fo'k'sk
iZkf'kr dj .; kr vkyh vkgs ekuoh eukP; k of' odj .kkoj R; kauh Hkj fnyk- ekuokps
ân; fo'kky cukosg; kl kBh R; kauh ân; kps f'k{k.k I kixrys g; kr ekuokpk n"Vdksu
f'k{k.kkruu fo'kky Ogtok **Universal** Ogtok gsvi s{kr vkgs dBY; kgh vLkFkfo"K; d ppsz
e/; sL=h; kps n"Vdksu dnorhZ cufo. ; kP; k n"VhusfyxHkkokRed eqj kpk fopkj >kyk
i kfgts gh Hkfiedk uohu vH; kl Øekr vkgs x#nokauh ekrHkfiedk egRokph ekuu
L=h; kpk fo"K; dnhkr ekuyk vkgs vk/kfud dkGkrhy u0; k ; kps ip'khy rRo th
j?kukFk ek'ksydj kauh I kixryh R; kauh L=hdnh dVp gh I dYi uk ekMyh- R; kP; k'kh gh
I dYi uk fuxMhr vkgs ekrk Eg.kuu egki #kkuk ?kMfo. ; kph L=hph Hkfiedk x#no
egRokph ekrkr- ghpc ckc **NCF** usuem dj rkuk EgVys vkgs dh] Fkksj 0; fDroj >kr
Vkd.; k, oth L=h; kP; k bfrgk krhy o nSûnu thoukrhy I ak"kkuk I ekj vk.k.; kph
xj t vkgs

uohu f'k{k.kkus ekuokf/kdkj g;k I dYi usyk iZkkU; fnys vkgs i.k
x#nokuk i k'pkR; kauh ekMysh ekuokf/kdkj gh I dYi uk ekU; ukgh- R; kauh ekuokP; k
fo'k'skf/kdkj tksvk/; kRed vf/kdkj vkgsR; koj Hkj fnyk vkgs ekuokyk iEke Lor%ps
Lo#i I etr ukgh rkoj rksbrj kakh ekuo Eg.kuu ; kx; vkpj .k d# 'kdr ukgh rI p
Hkkj rh; I ddrh gh drD; I dYi uoj vk/kkj hr vkgs vkf.k Eg.kuu brj kP; k i fr vki .k
drD; ctko.ksgk I ekj P; k 0; fDrpk vf/kdkj vkgs gh I dYi uk R; kauh ekMyh vkgs vkf.k
Eg.kuu ekuoh drD; so vf/kdkj g;kpk eG cl fo. ; kph oxGhp I dYi uk R; kauh ekMyh

vkgs g;k nf"Vdksukru brjkP;k i fr vki .k drD; dl s fuHkokos ; kps f'k{k.k ns ks vko' ; d Bj rs

vH; kl Øekps fu; kst u %&

i nDz kFkfed Lrjki kl u vH; kl Øekpsfu; kst u dl sdj kosg;kckcr foLr r ekxh'kz NCF e/; sns ; kr vkysvkgs g;k i R; d Lrj kojhy f'kdoko; kpk fo"k; o R; k fo"k; kl vud #u vl .kkjh v/; ; u v/; ki u i/nrh uem dj . ; kr vkyh vkgs x#noka k fopkj ke/; s gk eqk g;k i nDz vkyk vkgs x#noka u o; ks Vkuq kj f'k{k.k kpk fopkj dsk vkgs i .k gk fopkj i teq; kus vki .kl **Man Making** P; k I nHkkz dS; kps vki Y; k fun'kzkl ; rs o; ks Vkuq kj fofo/k {kerk fodfl r gks ks R; kauk vi f{kr gks i .k g;k {kerk i teq; kus Lor%ph vkG[k gks ks g;k kl kBh egRokP; k R; kauh ekuY; k gkR; k r l p **Planet in Crisis** g;k i qrdkr ckydkP; k I n q fodkl kl kBh I n q i ; k zj . kph vko' ; drkgh R; kauh fo"kn dsh vkgs f'k{k.k kriu R; kauh ekuokP; k pkfj «; I a Uuroj tks Hkj fnyk rks fo'k's'Rokus vkRekSturhl kBh r l p j k"VRekSturhl kBh ^vkRekSturhdMiu j k"VRekSturhdM s* gh R; kph i teq; kus n"Vh vki .kl vk<Grs R; kauh vktP; k f'k{k.k iz kkyhoj fVdk dsh vkgs dkj .k rs Eg.krkr vktP; k f'k{k.k iz kkyhr bfrgkl kyk LFkku ukgh- j k"VRekSturhdM dGY; kf'kok; j k"VRekcr i e dl sfueZk gkbZy- vl k l okygh R; kauh dsh vkgs g;k fopkj kpk i Hkko Eg.krup dh dk; **NCF 2005** e/; s bfrgkl kps egRo vull; I k/kk .k ekuys vkgs o bfrgkl kP; k vH; kl Øekpk i j a kfj d nf"Vdksu R; kauh ukdkj yk vkgs i j krRo 'kkL=kpk i fj p; i fj l j krhy egRokP; k , srgkl d oLrq l xgky; kauk Hks/h g;k kpk dGhps eq's Eg.kru oki j dj . ; kckcr l pfoys vkgs r l p Hkkj r kpk Lora= j k"V^a Eg.kru bfrgkl g;k fo"k; kP; k v/; ki ukckcr i .k R; kr uem dj . ; kr vkys vkgs

v/; ki u 'kkL= o l a k/ku fo"k; d nf"Vdksu %&

uohu f'k{k.k Øekusv'kk i/nrhp k mgki kg dsh vkgs T; kriu fo | kf; kph I tZ'khyrk] I kñ; kph tk.k o pfdRI d n"Vh of/nær gkbZy- g;k kl kBh o f'k{k.k

i f0; rhy l ghkkxhRo ok<fo.; kl kBh ppkZ o oknfooknl ik/klU; ikfgtj vl gh uem
dj.; kr vkys ikfgts x#nokauh vki Y; k i nZrRoKku i R; {k v/; ki u i/nrh l kfxrY; k
ukgh i .k dkg h v;}\$oknrhy v/; ki u i/nrhps R; kauh uiruhdj .k dsys vkgs R; kr
ikedj; kusrgyuki/nr vkRefufj {k.ki/nr fojks/klHkl i/nr] v/; ; u i nZr; kj hj dk; Zkj .k
i/nrh] fopkj i/nr] ckS/nd vUo\$'k.k i/nr b- i/nrh ekMY; k vkgs okl uk{k; i/nrh
ekuokP; k vkReklurh dfj rk vfuok; Zv'kh i/nr R; kauh ekuyh vkgs gLrdyk f'k{k.kkdMs
l kldfrd fodkl kps/; s Eg.kuu c?k.; kr ; kosgk NCF usekM/ysyk eqk g; kps [kj scht
x#nokP; kp fopkj kr vkgs dykP; k f'k{k.kkru eykauk [kU; k Lopk 'kks'k ykxrks gk eqk
R; kP; k eGk'kh vkgs vkj kx; f'k{k.kkpk fopkj dj rkauk R; kauh l w ZueLdkj fo | kF; kZuk
f'kdfo.; koj Hkj fnyk vkgs

'kkarrsl kBh f'k{k.k.k %&

vkt l ektkrhy o tkxfrd {ks=krhy ifj fLFkrh i kgrk 'kkarrk f'k{k.k.kkph
vko'; drk l okauh , deq'kkus ekU; dshy vkgs vkt vki .k vl fg" .kqk] /kexZkrk] >xMs
v'kk vi nZ fgd d dkGkr txrks vkgr- vkf.k R; keGp ufrd 0; ogkj 'kkarrk vkf.k
dY; k.k g; k eir; k l ekj Okj ekBh vkOgkus vkgr- gk fopkj vkrk uohu f'k{k.k iz kkyhus
dshy vkgs x#nokauh rj ; ukd ekj th Hkk" k.ksfnyhr R; krp iz u mi fLFkr dshy gkrk dh
f'k{k.k.kkus 'kkarrhpk fopkj dshy vkgs dk\ vkt ekuf l d 'kkarrh ekuok toG ukgh Eg.kuu
txkr l oZ= v'kkarrh vkgs g; kps dkj .k oSkf; d l q'kkykp ekuokus vki ys thou /; s
ekuysvkgs ekuokP; k dkeuk vl q; ok<r vkgs- tj ekuokyk 'kkarrk goh vl sy rj
R; kyk g; k oSkf; d dkeuk deh dj k0; k ykxrh vkf.k g; kl kBh R; kyk vki Y; k euyk r l s
oG.k | kos ykxsy- 'kkarrsl kBhP; k f'k{k.kkr gs ekuf l d if'k{k.k.kkph vR; r egRokph
Hkfredk ekuyh vkgs ; uke/khy x#nokps Hkk"; ts ; ki nZ ns ; kr vkys vkgs R; kr
'Education for Peace' ph eGsvki .kkl vk<Grkr- 'kkarrsl kBhP; k f'k{k.k.kkph , d 0; wj
jpukp vki .kkl vk<Grs

'kkGsrhy f'kLr %&

^thou T; ks** g;k i qrdkr x#nokauf'kLrhP; k l anHkkz Hkk"; dsysvkg
Lor% x#no gs f'kLrhps HkkDrs gks R; kau gh f'kLr ckg#u yknysyh vi f{kr uOgrh rj
R; kpk Lo; af'kLrhj fo'okl gkrk- x#nokauf'kLr vi f{kr vkg rh doG 'kkj hfj d
ukgh] ckf/nd o ekufI d f'kLrhpkgh R; kau fopkj dsk vkg =hLrjh; f'kLr R; kau
vi f{kr gkrh- g;k p fopkj kps i frfca NCF 2005 e/; s vki .kkI vk<Grs eykP; k
{kerk fodI ukl kBh vkf.k I 0; ofLFkr f'k{k.k kBh Lo; f'kLrhps eW; #tfo.ks vko'; d
vkg o rks fopkj vkg Lo; f'kLrh us 0; fDrph Lok; Rrrk tki kl yh tkrs gs rRoKku
R; kekxs vkg

g;k 0; frfj Dr [kkyhy dkgh eqs vl s vkg rh dh] T; kpk fopkj NCF uso
x#nokauf'kLr dsk vkg

- u ns'kkrhy ckydkau f'k{khr dj .ks l okz egRokps vkg
- u dBkj 'kky; 0; ofLFkr cny dj .ks xj tps vkg
- u vkt v/; ; ukpk iR; {k thouk'kh l ca/k ukgh-
- u vkt 'kkGke/kku j pukRed fpru o eeh"Vh g;k dMs y{k ns; kr ; r ukgh-
- u ekuoh; KkufufeZh {kerk o l tu'khyrk g;k dMs nyZk gkr vkg
- u ckydkP; k orZku dkGkdMs vf/kd nyZk gkr vkg
- u thoukpk vFkZ dG.; kph {kerk f'k{k.k kP; k ek/; ekru fuekZk Ogk; yk goh-
- u f'k{k.k.kru fo | kF; kP; k ; kx; rpk fodkl Ogk; yk gok-
- u f'k{k.k.kru thoukps /; s fuf'pr dj .; kph ik=rk fo | kF; kP; vaxh ; koh-
- u l ekurps o l gvLrhRokps l dkj f'k{k.k.kru gks ks vko'; d vkg
- u 'kkrh ekuork o l kdfrd fofokrk g;k eW; pofodI u dj .kkj h f'k{k.k i z kkyh
vko'; d vkg th ekuokr l fg". kpk fuekZk dj sy-
- u l pus Kku l et .ks pphps vkg

- u vktph f'k{k.ki.z.kkyh gh ; kf=d vkg; ij .kkeh rh vkunnk; h ukgh-
- u Learning without Burden gs rRo f'k{k.kkr vl kos
- u Kkukpk I ca'k thouk'kh tkM.ksgk f'k{k.kkpk m'is'k vl kok-
- u vH;kl Øeknu ckydkpk I ok'kh.k fodkl Ogek-
- u vH;kl Øekpk folrkj d#u R;kr I d'rh Kku] i j a j k ; kpk varHkkz dj . ; kr ; kok-
- u vkRel Ueku ufrdrpk fodkl vkf.k ckydkpk j pukRed fodkl g; kyk i k/kkU; feGk; yk gos
- u ckydkP; k tletkr c'nhpk rl p dYi uk 'kDrhpk vknj djko; kl gok-
- u LFkkfud i ; kbj .k o thou g;kr I d'arh vl .ks vko' ; d vkg;
- u vH;kl Øe gk thouku'kkok'kh fuxMhr vl kok-
- u f'k{k.kkr [kkyhy rRokud kj v/ ; ; u Ognos
- u KkrkdMuu vKkrkdMs
- u eirkzidMuu veirkzidMs
- u LFkkfu; rsdMuu os' odrsdMs
- u ckydkus i ; kbj .kkckcr vf/kd tkx'd vl kos
- u varxh] I kekftd o u9 fxzd i ; kbj .kk'kh ekuokpk I erksy o I keatL; vl kos
- u v'kkar u9 fxzd o I kekftd okrkoj .k gs ekuoh I ca'kke/ ; s rk.kr.kko mRiUu dj rkr-
- u vkt vki .k fga P; k ; qkr thou txr vkgkr-
- u 'kkar'ph I d'rh fuekzk dj .ks gs f'k{k.kkps/ ; s vkg;
- u f'k{k.kkP; k ek/ ; eknu ekuo brdk I efkz cukok dh rks 'kkarhyk vki yh thou 'ksyh Eg.kuu ekU; rk nsÅ 'kdyk i kfgts
- u I a'k'kz I kmfo. ; kph i k=rk f'k{k.kkP; k ek/ ; eknu fuekzk Ogek; yk goh-

- u I oZ I ektkyk I gvflRokpk o I ekurpsfodfl r gks ; kpk vf/kdkj vkgs
- u d0G HkkfRd I d k/kusgh xqkoRrpk fud" k ukghr-
- u 'kkarrk o I nHkko ; Dr I gvflRro g; kpk fopkj vfuok; Z vkgs
- u ckyi .k gh fur; i fj orZukph voLFkk vl u R; kr 'kkj hfj d] ekufI d {kerkpk fodkl varfuZghr vkgs
- u ckydnh f'k{k.k Eg.kts cydkps vuHko o R; kps I gHkxhRo g; kl i k/kkU; ns ks
- u ckyddnh f'k{k.ki/nhr ckydkpk ekufI d fodkl o vfHk#ph g; kyk i k/kkU; ns ; kr ; rs
- u f'k{k.kkP; k ek/; ekru fo | kF; kph I f0; rk j pukRed I keF; Z fodfl r Ogk; yk gos
- u f'k{kdkps vkKki ky u usrd pkfj «; g; k xqkk0j f'k{k.kkru Hkj j gkok-
- u vkt 'kkGr d0G f'k{kdkpk vkokt , dko; kl feGrks fo | kF; kpk ukgh-
- u f'k{k.kkP; k ek/; ekru Lor%pk vkokt kpk 'kks'k ?ks ; kl fo | kFkz I {ke Ogk; yk gok-
- u ckyds v'kkp fBdk.kh f'kdw 'kdrkr tFks R; kauk egRo fnY; k tkrs
- u f'kd. ; kpk I ark fo | kF; kP; k vkuank' kh vl kok-
- u 'kkj hfj d] HkkoukRed] I j f{krrk gkp f'k{k.kkpk vk/kkj vkgs
- u ckyi .kk i kl u rsfd'kkj koLFki ; rpk dkG g; k dkGkr 'kkj hfj d o ekufI d fodkl ke/; s vkrj I gl ark vl kok-
- u LoLFk 'kkj hfj d fodkl gh f'k{k.kkph egRokph vV vkgs
- u 'kkGk o 'kkGk ckg; ?kVdkru ckydkyk f'kLr i klr gks
- u vflerk fodl ukl kBh fd'kkj koLFkk gk ; kx; dkG vkgs
- u 'kqkf.kd i f0; r I oZ ckydkpk i dsk gk I keftd i dsk vkgs
- u j pukRed nf"Vdkru fopkj dY; kl v/; ; u gh Kku fufeZrph i f0; k vkgs
- u i pkZukokP; k vk/kkj koj 0; Drh Kkukph j puk dj rks

- u f'k{k.k ifØ; r 0; Lr vl .kkjk ckyd vkiY; k Kkukps l`tu Lor% dj rks
- u vKEgh ts tk.krks o t0<st.k.Y; k tkrsg; kP; k e/khy {ks=kr uohu Kkukps l`tu
?kMr vl rs
- u f'k{kdkyk vktgh Kkukps gLrkrj .k dj .kkÚ; k #i kr i kg.; kr ; rs
- u fo | kFkZ Lor% Kkukpk 'kksk o Kkukps l`tu dj rks ckyd} d[V] vktçtçpk
ifj l j g; kP; k ek/; ekru uohu Kkukpk 'kksk d# 'kdrks gh ckc v/; ; ukl kBh
egRoi wkZ vkgs
- u vktgh f'k{k.k iz.kkyh df=e vkgs
- u fo | kF; k k Kku l`tukP; k dkGkr rYyhu B0.ks gh dkGkph xj t vkgs
- u fo | kF; k e/; sgh Hkkouk vl koh dh R; k ps vuHko R; k ph vuHkurh g; k uk egRoi wkZ
LFkku feGko; kl gos
- u f'k{kdkus fo | kF; kP; k vfhko; Drhl i k/kkÚ; | kos o R; kP; kr vkrj fØ; k LFkku u
dj k0; k-
- u vH; kl Øe vl k vl kok dh T; kru fo | kF; kP; k foosd 'kDrhpk fodkl gkby-
- u l ekt ful xzo l 0nu'khyrk eW; g; kP; k'kh l rr l á dzgk thoukr l kFkZrk
fueZk dj rks
- u ekuoh thoukps dk; Zgs ekuoh l á dirh dk; e j k[k.; kps dk; Z vkgs
- u ifj fLFkrh'kh gks kkÚ; k vkrj fØ; P; k ek/; ekru p Kkukps l`tu gkr vl rs
- u Kku gs d0G l k/ku ukgh rj l k/; o l k/kugh vkgs
- u j pukRedrpk egRokpk Hkkx Eg.kts l kñ; Z ckc vlf.k Eg.kuup vH; kl Øekr
dypk varHkkZ dj kok ykxsy-
- u vk/kfud Hkk"kp; k Lo#i kr l á dirps v/; ; u vfuok; Z vkgs
- u baxzh f'k{k.k.kpk mí'sk Hkkj rh; Hkk"kk l e/n dj .ks gk vl kok-
- u xks"Vhps Jo.k gh rkfdZ fodkl kdfj rk egRoi wkZ l k/ku vkgs

- u oSkfud fu; e gs l koHksed l R; vl w'kdr ukgh-
- u jk"Vh; nf"Vdksu o LFkufud nf"Vdksu g;kr l angukph vko'; drk vkgs
- u bfrgkl v'kk i/nrhus f'kdfo.; kr ; kok dh R; kP; k ek/; ekru R; kyk fo'okps vkdyu gksÅ 'kdsy-

ojhy l oZ eqj kpk mgki kg NCF 2005 e/s o i-iw x#nokP; k fopkj ke/; gh vk<Grks f'kok; 'kSkf.kd eqj kauk vuq #u foopu dj ko; kps >KY; kl x#nokP; k [kkyhy fopj kps i frfca; gs vk/kfud f'k{k.k iz kkyhr vk<Grks

- u vkt f'k{k.k.keGs l keU; ; kx; rsr ok< >kyh i .k vki Y; k dekP; k {ks=kr Kkukpk mi ; kx dj .; kph {kerk fuekZk >kyh ukgh-
- u 0; fDreRo fodkl gs f'k{k.k.kps egRokps /; s vkgs
- u Kku vko'; d vkgs i .k R; kp l kcr R; kps mi ; kst ugh vko'; d vkgs
- u dOG funž ku Eg.ktsf' k{k.k ukgh dkj .k funž k fnys tkrkr o f'k{k.k i klr dsys tkrs
- u 'kkys o 0; kol kf; d f'k{k.k i wkZ dš; koj ckg; txkr i kÅy Vldrkauk fo'okP; k j pur vki ys ueds LFkku dk; gs dGk; yk gos
- u vkt fo | kFkZ f'kf{kr gks i .k Kkuh gks ukgh-
- u ful xkZhy vnHkr ?kMkek&h ; kauh ; qR vl sgs tx l okP; k l sd kBh l gt i dRrhus dk; Z dj hr vl rsgk Hkko f'k{k.k.kru fuekZk Ogk; yk gok-
- u ušrd l kš; j l kldfrd egkurk] jk"Vh; l žkVu] j pukRed mRi knu {kerk] vuq kkl hr mlurh gs ekuokps xqk fodfl r Ogk; yk gos
- u l oZ l k{kj >kys i .k l q'kf{kr >kys vl s Eg.krk ; s kkj ukgh-
- u f'k{k.k.kru 0; Drhpk **Mental Attitude** cuk; yk gok-
- u bZ oj kP; k U; k; k' kh ekuokus xj orZu d# u; sgk i ; kZj .k 'kkl=kekxhy nf"Vdksu vl kok-

- u oržeku dkGkr eykP; k l qj LoHkkokph fufeZrh dj .; kr ; koh-
- u vkt eykuk vl s' k{k.k feGkos dh R; kauh fouk' kdkj h fu"ks'kkRed Hkkoukpk
vaxhdj d# u; s R; psparu j pukRed vl kos
- u f'k{k.k.kruu l kldfrd upuhdj .k vko'; d vkgs
- u jk"Vtph l e/nh] jk"Vtph i xrh gs ekuokps /; s gos
- u l ddrh l d/kz o l kldfrd tru egRokps vkgs
- u l ddrhps j {k.k dj .kkU; k egkuHkkokP; k thoukps o dk; kps Kku 0; fDryk d#u
| kos
- u Kku gs LFkfuodr dMu os' odr dMs us kjs vl kos
- u tsKku i kB; i qrdkru feGr ukgh rsKku ckg#u i klr dj .; kph {kerk 0; fDrr
fueZk Ogk; yk goh-
- u l ddr Hkk"l kps v/; ; u egRokps vkgs
- u 0; Drh gk i ; kbj .kkpkp Hkkx vkgs
- u f'k{kdkauh fo | kF; kē/; sLora=fj R; k i R; d xk"Vhpk vutiko ?ks ; kps l keF; ZfueZk
dj k; yk gos
- u f'k{k.k.kruu 'kj hj] eu] cānh ; kpk l erksy fodkl gks ks vi s{kkr vkgs
- u eu vkf.k cānhpk l erksy fodkl >kY; kl ekuoh thoukr l q dkn fueZk gksrks
- u jk"Vtph l keF; Zo xqkkRedrk gh 0; Drhps l keF; Zo xqkkRedrk g; koj voyau vkgs
- u **Adaptation to new environment** gs thou /; s vkgs
- u jk"Vh; o Hkkofud , dkRerk ?kMou vk.kk; ph vl sy rj mRd"V 0; fDreRokP; k
vkn'kkzph mnkgj .ksfo | kF; kē ekj Bokos ykxsy-
- u Lokr&; gs eyr% cānhx .; vkRel a eu o Lo; f' kLr g; koj vk/kkj hr vl rs
- u Hkkj rh; j kT; ?kVur ekuoh Lokr&; kl ekU; rk fnyh i .k R; kl kcrp vusd vkn's k
vkf.k fu; e l qnk R; kr fnys g; kckcr 0; fDryk Hkku gos

- u d0G 'kkj hfj d f'kLr egRokph ukgh rj R; kpcj kcj fo | kF; kE/; sekufi d f'kLrgh vko'; d vkgs
- u rnyuk dj .ks gk vkdyukpk , d exz vkgs
- u vkarjjk"Vh; 'kkarke; thoukl kBh ekuokyk R; kP; k thoukr tkLrhr tkLr 'kkarrk feGfo.; kl kBh 'kharhi kBkph vko'; drk vkgs
- u i Hkkoh v/; ; ukl kBh fparui /nr egRokph vkgs
- u v/; ki ukl kBh ppkz /nr o iz ukRrj i /nr egRokph vkgs
- u ckg; txkps v/; ; u dj .; kl kBh ckS/nd fo'y's'k.k i /nr ; kX; vkgs

ojhy l oZeq k0#u , d ckc y{kkr ; rsdh] rkrRod Lrj koj vH; kl Øekpk fopkj dY; kl f'k{k.k i /nrhpk fopkj dY; kl rkrRod ckchps eG gs x#n0kP; k fopkj l j .khr vkgs

NCF 2005 P; k l kj ká k e/khy i qhy ckchoj g; k fBdk.kh fo'k's'k i zdk'k Vkd.; kr ; r vkgs R; kps eG gs x#n0kP; k rRokr vk<Grkr-

- u vk0; kfouk f'kd.kj ; kr 0; Lr dY; k n"Vhud kj vH; kl Øekpk ckstk deh dj .ks
- u l kekftd U; k; l ekurk vkf.k /kefuj i s'krk g; kl kj [; k ?kVusuf'kj kS/kk; ZekuyY; k eW; koj vk/kkfj r vH; kl Øe fo"k; d 0; ogkj -
- u l okz kBh f'k{k.k-
- u f'k{k'kdka í y o f'kd.kkú; k fo"k; h vki Y; k eukrhy i frek cnyu u0; k l q ar dj .ks
- u f'kd.kkú; kpk fodkl vkf.k f'k{k.k g; kckcr , dkfRed n"Vh ckGx.kS
- u vuttkokf/kf"Br i /nrhrnu f0; k'khy f'k{k.k-
- u Kkukph 0; ki d pksV cuok; yk goh T; knu Kkukps varj x vkG [k.kkj h j puk r; kj gkbzy-
- u KkukP; k vk'k; kbrdcp fo | kF; kúuk xqrou B0.kkú; k d'rtps fufj {k.k 'kS/kdoRrh

- u I á kks'ku fo'y's'k.k fpfdRI d fpru b- ckchyk egRo ns'ks vko' ; d vkgS
- u I kekftd o I kldfrd ?kVukacíy fpfdRI d nf"Vdku fodfl r Ogk; yk gok-
- u fofo/k fo"k; kpk mYys[k djhr vl rkauk [kkyhy {kerkauk i k/kkU; ns ; kr vkysvkgS
- u I ákk" k. k] Hkk" k. k] Jo. kdkskY;] rdZ kq'n fopkj dj .k] veir I áYi ukph cka'k. kh
- u dj .k] veirZ I áYi uk gkrkG. k] R; kauk eirZLo#i kr c?k. k] I eL; kph I e-c/n
- u ekM. kh o R; kph I kMo. kwd dj .ks
- u fo | kF; kph ftKkl k] I 'tu' khyrk g; kyk ifj I j'k' kh t kM. ks
- u i ; kbj .kkckcr vLkFkk-
- u usrd o ekufI d Átph i klrh-
- u j'k"Vh; vLkFkkfo" k;
- u dk; kZukokpk vH; kl Øekr varHkkz-
- u 'kkGkckg; ; æ. kkauk ekU; rk-
- u Hkkj rh; dyk i k j á kfj d glrdkskY; sg; kauk vH; kl Øekr LFkku-
- u 'kkys f' k{k. kP; k i R; sd VII; koj dyk fo" k; kpk varHkkz-
- u 'kkys f' k{k. kP; k I á wkZ dkyko/khr 'kkars' kh I cã/kr eW; kauk LFkku-
- u f' kd. kkU; k fo | kF; kP; k I okh. k fodkl kl kBh vkj kx; o 'kkj hfj d f' k{k. k egRokps
- u vkgS
- u fo | kF; kP; ; s Lo; f' kLrps eW; #t. ks vko' ; d vkgS

ojhy I oZeqI kps eG i -i w x#nokP; k fopkj kr vk<Grs x#nokuh tOgk
 ckyfoggj kpk vFkkZr cky I á dkj oxkZpk i k j ák dsk rOgk cky fogkj kpsmí'sk [kkyhy izdkj s
 ns ; kr vkys g; k mÍ'skkps i frfca vktP; k f' k{k. k iz kkyhr vk<Grs rh mÍ'V; s [kkyhy
 i æk. ks &

u To train the children and inculcate in them the reverence for our
 ancient culture and inspire them to live up to it with correct

understanding.

- u To correct self confidence to serve and act cheerfully.
- u To generate a true affection in all contacts, inculcate personal discipline and a true spirit of leadership.
- u To mould their capacity to express and assert their individuality.
- u To bring out their dormant faculties and detect defects, cultivate and improve their creative abilities.
- u To, help children to develop a healthy resistance against temptations in the atmosphere in which they grow.
- u To provide an atmosphere to grow with noble ideals healthy emotions and physical discipline.

ojhy mfr"V;sBj fo.; kr x#nolp th n"Vh vkgs Universal Philosophy of Oneness gs l d kj ckydauk nsk i .k R; kpk fopkj fo'ks'k i ek.kkr vktP; k vH; kl Økr gkrkauk fnl r ukgh- x#noluh l kixrysys f'k{k.k gs "Education for Transformation" g;k varxh vkgs

"National focus group on education for peace".

vkt tkxfird Lrj koj 'kk'or fodkl kpk fopkj gkr vkgs R; k nf"Vdksukruu 'kkarrki wlf' k{k.k.kkdMs i kfgys tkrs vkt ekuokP; k l ozLrj koj rksv'kkar vkgs vkf.k R; kpk i fj .kke Eg.kuu vkt ng'kroknkP; k l eL; syk l kekjs tkos ykxr vkgs vkf.k Eg.kuu vkt 'kkar eukph fufezh dj .ksgh dkGkph xj t vkgs f'k{k.k.kkruu fo | kF; kP; k eukoj l d kj gks ks xj tps vkgs vkt T; k T; k O; Drh ng'kr fuekZk dj rkr- R; k R; k O; Drhph eus R; kP; k ckyi .kkR R; kps eu ngyZ{kkr >kyj vl sekfeZd fo/kku i-iw x#noluh dsys vkgs f'k{k.k.kkruu 'kkarrph l d rih fuekZk >kyh i kfgts f'k{k.k.kkruu vkuinkph i klrh >kyh i kfgts o gh ckc 'kkarrki wlf' k{k.k.kkruu l k/; gkrkr- gh ckc y{kkr ?kÅu NCERT us Education

for Peace g; koj , d if=dk izkf'kr dsh vkgs o g; kr 'kkark f'k{k.kkoj v/; ki u 'kkL=h; nf"Vdkuknu izk'k Vkd.; kr vkyk vkgs g; kr R; kauh nku izkj ps/; s egRokps ekuys vkgs

- 1) Education for personality formation.
- 2) Education to faster responsible citizenship.

g; k nku egRokP; k /; s kauh vuq #u g; k if=dr [kkyhy mfi"Vkoj izk'k Vkd.; kr vkyk vkgs

- 1) Bringing about peace orientation in individuals through education.
- 2) Nurturing in students the social skills and out look needed to live together in harmony.
- 3) Ren forcing social justice as envisaged in the constitution.
- 4) The need and duty to propagate a secular culture.
- 5) Education as a catalyst for activating a democratic culture.
- 6) The scope for promoting national integration theory education.
- 7) Education for peace as a lifestyle movement.

ojhy mfi"Vs iwz dj.; kl kBi g; k if=dr I oþ Lrjkoj Peace Education pk fopkj dsh vkgs o , d ; kst uk ns ; kr vkyh vkgs

g; k if=dr hy i R; d mfi"Vkp eG gs x#nokP; k fopkj kr vk<Grs R; kauh thou fo"k; d th /; s ekMyh g; k /; s ke/; s g; k I okþk fopkj dj.; kr vkyk vkgs g; krhy ifgys/; s vkgs **Personality formation** ps i -i w x#nokuh 0; fDreRo fodkl kph , d ; kst ukp fnyh vkgs th 0; fDreRo fodkl g; k izdj .kkf fnyh vkgs x#nokps g; k I nHkzhy ; ksnku Eg.kts R; kauh doG **Personality Formation** pkp fopkj dsh ukgh rj **integrated personality** ph , d ifj iwz ; kst ukp R; kauh fnyh vkgs o g; kr R; kauh I oþ Lrjkoj g; k mif'kkpk fopkj dsh vkgs vkf.k R; kpp Qyhr Eg.kts

R; kauh l # dsysyk ^cky fogkj* gk miØe o g:k miØekph R; kauh l kfxrysh /; s o
g:k l kBh R; kauh f'k{kdkP; k Lrjkoj gh fopkj dsk vkgS ckydkP; k i kFkfed Lrjkoj
R; kauh eW; #to.kndhoj fo'k's'k Hkj fnyk vkgS vkf.k Eg.kuW ^fpUe; 'kS[kf.kd pGoGhl
i kj Hk >kyk- vkt fpUe; fe'kuP; k vuud 'kkGk] egkfo |ky;] fuokl h 'kkGk] eWusteW
l kFk] bW/j uWkuy Ldny dk; j r vkgS i-iW x#nD gsnz"Vsgkrs R; kauh gStk.kysgkrs dhj
ckydsgh fi <hrhy egRokpk ?kVd vl rkr vkf.k vktph fi <h gh eW; kauh i fj i wkZ vl yh
rj Hkfo"; gs l {ke cusy- n's'kps Hkfor0; kg; kp ckchoj voyeW vl rs

vkf.k Eg.kuWp tØgk fpUe; fo |ky; kph ?kVuk fygY; k xsyh R; kP; k
i fgY; kp i "Bkoj ueW d#u BØys vkgS dh]

"The children of today are the citizens of tomorrow. To mould their thoughts and aspiration is the true fulfillment of education. Try to create in them self confidence to serve and act rightly in cheerfulness. Generate in them true affection in all their contacts, inculcate in them some personal discipline and the true spirit of leadership."

1996 e/;s Guidelines for Chinmaya Vidyalaya gh i flrdk
C.C.M.T. epbz; kku i dlf'kr >kyh g; kr th Objectives ns ; kr vkyh rh i qhyi zek.ks

1) General Objectives :-

To help the child develop all there mental powers abilities and faculties, that are psychological in character and are inherited by each child in varying degrees from birth such as 1) Movement energy, 2) Observation, 3) Reflection, 4) Conception, 5) Creation, 6) Assimilation, 7) Expression, 8) Self discovery.

2) To inculcate human values such as :-

Kindness and compassion

Honesty and charity

Courtesy and sympathy

Co-operation and moderation

Peace and power of discrimination

Courage and boldness

g; k 0; frfj Dr brj gh mfi "Vkp fopkj g; kr dj .; kr vkyk- i .k l okr egokps Eg. kts ekuoh eukyk oG. k yko. ; kpk vR; r egRo i wkZ fopkj g; kr vkgs vkf. k gkp fopkj 'Education for Peace' g; k if=dr dj .; kr vkyk vkgs g; ke/; s mfi "Vkauk vuq #u ts Curriculum inputs ns ; kr vkys vkgs rs Eg. kts

- u Value Foundation for personality formation
- u Culture of peace from the perspective of India history philosophy and culture
- u Citizenship education
- u Peace as a life style movement

'kkar rd kBh f' k{k. k gk fopkj g; ki whz x#noka h vki Y; k fopkj ke/; sekMyk gkrk- gh clc vki Y; k y{kkr ; rs 'kkar rk i klr dj .; kl kBh rh f' k{k. k kps Shaping Vision cuk; yk gos g; kl kBh if=dr uem dj .; kr vkys vkgs dh] "Education for Peace is Education for Life" gk fopkj x#noka h g; k Lo#i kr 0; Dr dsk vkgs dh] ekuokps eG #i l rfpnkun Lo#i kps vkgs o g; k eG #i kpk 'kks'k ?ks ; kl kBh ekuokpk vucl tUeki kl uph /kMiM vl rs o t@gk rks ekuo tUekl ; rks r@gkp rks g; kpk 'kks'k ?ksÅ 'kdrks vki Y; k 'kka Lo#i kpk 'kks'k ?ks ; kph R; kph v0; kgr /kMiM l # vl rs vkf. k Eg. ku f' k{k. kkr u th eW; sfo | kF; kE/; s # tok; ph R; kr R; ka h 'kkar rk g; k eW; kpk

vkotū vrHkkz dsk- g; kl kBh R; kauh /ke/ f'k{k.k.] vk/; kfRed f'k{k.k.kkph ekuokph cktw
cGdV dj. ; kpk l Yyk fnyk vkgs g;kr fofo/k vk/; kfRed x#nokP; k vH; kl kl kBh r; kauh
fopkj dsk vkgs fo'ks'kr-% xhrk rRoKkukpk vH; kl] mi fu"knkpk vH; kl rs l oZLrj koj
vfuok; Zekurkr- g; k x#nokP; k vH; kl knu ekuokyk vki Y; ki wkZ Lo#i kph vuttkrh ; s
o vk/; kfRed l R; kph i klrh R; kyk gks R; kP; k eukrhy HknkHkn ukghl k gksks }ā
l ā dVkr ; s J s l i s l kph tk.k ; s s o v'kh 0; Drh 'kkarrke; l gvflRokph vuttkrh
gk; kl l efkZcurs 'kkarrnu ekuokyk Joy of Living ph vuttkrh i klr gks Work
Load gs Joy Load e/; s ifj orhr gks ghp ckc l nj if=drgh uem dj. ; kr vkyl
vkgs Transmission udks f'k{k.k.knu Transportation vko'; d vkgs gh ckc th
x#nokuh uem dsk gsrh rhp Education for Peace e/; gh uem dj. ; kr vkyl vkgs
f'kok; National o Internation Integration l kBh Peace Education pk fopkj
ekMr vl rkauk R; kr vl suem dj. ; kr vkys vkgs dh] "The great spiritual teachers
of the past were in their own ways educations for peace" gh ckc x#nokuh
'Role of Mahatma in National Integration' e/; suem dsk vkgs Education for
Peace g; k fopkj kr Inner Peace yk egRo ns ; kr vkys vkgs var xr 'kkarrs' kok;
ekuok ckg; 'kkarrk vuttkow' kdr ukgh- eukph 'kkarrk gh ckg; txkyk i fr l kn ns ; kph
eukph {kerk vkgs ekuokP; k eukyk i f'k{k.k ns ; kph , d Lora= ; kst ukp x#nokuh
Mind Management e/; s ekMyh vkgs f'kok; Value Based Management gh
l dYi uk th x#nokuh ekMyh rh eukP; k i f'k{k.k.kkph ; kst uk vkgs Education for
Peace gk , d Holistic nf"Vdks vkgs ; kst uk vkgs vl s uem dj. ; kr vkys vkgs
i- i w x#nokpk f'k{k.kkP; k i fr l ā wkZ nf"Vdks gk Holistic vkgs if=dr uem dj. ; kr
vkys vkgs dh] "Education for Peace is holistic. It embrace the physical
emotional intellectual and social growth of children within a framework of
human values." g; k if=dr 'kkj hfj d] ekuf l d] cks/nd o l kelft d ?kVdkpk fopkj
dsk vkgs i .k Spiritual Growth pk g;kr fopkj dj. ; kr vkys vkgs ukgh- i .k g; kpsnku
Lrj ek= uem dj. ; kr vkys vkgs 1) To empower individuals to choose the

path of peace together than the path of violence. gk fopkj x#nokaui vf/kd
0; ki d dsyk vkgs R; kauh thou dY; k.kkpk Js I kpk ekxZ o thou fodkl kpk i s I kpk
ekxZ I kaxryk vkgs o g;k nksu ekxZ s dh , dk ekxZ vFkkZr Js I kph fuoM dj . ; kps
I keF; Zek.kl kP; k vxh ; s ; kph vko' ; drk ^thou T; kr** o ^vkRefod I u dh dyk**
g;k nksu i qrdkr o vki Y; k cl; kp ys[kae/; s uem dsh vkgs **Comprehensive
Development of Person** gk eqk if=dr ekMyk vkgs x#nokaui i wZ' kS[kf.kd fopkj
gs **Integreted Development of Person** fopkj k' kh fuxMhr vkgs- x#nokaui ; k 'kkark
g;k I dYi ur [kkyhy ckchpk I eko'sk vkgs

- 1½ 0; Drhus vuHkoysh vkf.k dG fuj i s k n[k jgr varxZ 'kkark Eg.ku
tk.kysh ekufI d voLFkk-
- 2½ 'kkarkhs vUo'sk.k QDr v'kkp 0; fDrdMu dsys tkrsT; kus vared[k gÅu ekufI d
voLFkr ?kMu ; s kkU; k xk'Vhps fufj {k.k dsys vkgs
- 3½ dkeuk deh] fopkj deh] eu 'kkar 'kk' or 'kkarhl kBh **unproductive** dkeukp
R; kx ekuokyk dj kok ykxsy-
- 4½ vareZkrhy n[k jgr ekSukph fLFkrh Eg.kts 'kkarh-
- 5½ 'kkarh gh dG ckg; olr[oj voyau ukgh rj rh ekuoh eukph voLFkk vkgs
- 6½ **Adapt yourself to new environment.**
- 7½ orRhr cny d#u pphP; k I dYi uk ?kkyo.ksgk 'kkarh i klr dj . ; kpk ekxZ vkgs

1992 e/; s ; uk; VM us'kUI yk vud #u dsyS; k Hkk" k.kkr i -i w x#nokaui
gk egRokpk eqk ekMyk gkr dh] txkrhy dksKR; kgh I eL; oj rkmXk dk<. ; kl vki .kdk
I efkZ dk ukgh\ dkj .k ; uk; VM us'kUI vkti ; r txkr 'kkark fuelZk dj . ; kdfj rk
, d= vkyh ukghr- vkt Hkksrd i xrhP; k f'k[kj koj ekuo i kpkpyk vkgs i .k ekuokyk
vkuu o 'kkarh i klr >kyh dk\ ra=KkukP; kfodkl keGs vki .k n[k kph rhor deh
dj . ; kps vud L=kr 'kks'kuu dk<ys i .k n[k kP; k eG dkj . kki ; r vki .k i kpkpyk ukgh
vki .k [kj p 'kkark i klr d# 'kdyks dk** 'kkark ; qR I d r h I d j k ckr x#nokaui

1992 e/s; qk; VM uskUl yk egRo i Vouu fnys R; kurj 1999&2000 rs 2010 gh
10 o"lz "Promotion of a culture of Peace" l kBh ; qkP; k General Assembly
e/s; s?kVud ekU; rk feGkyh o g; kykp Internation Decade for promotion of a
culture of peace and non violence for children of the world g; k Lo#i kr
ekU; rk feGkyh gh ckc g; k fBdk.kh fo'ks'k mYys[kuh; vkgs vktoj g; k l nHkkzr vusd
i dYi >kys i Fkn'kiz vH; kl >kys- i k'pkR; j k"Vkr g; kpk fo'ks'k mgki kg gkr vkgs
g; kr i keq; kus &

- u UNESCO pk 1994 pk Action plan for Education for Peace Human Rights and Democracy.
- u Peace and Disarmagement Education g; koj fo"k; koj pkj ns'kkuh ¼vYckfu; k] Xliger, Peru vkf.k dckfu; k½ g; kauh ?kr ysyk Innovative pilot project.
- u The Centre for Research on Education for Peace (CERPE) University of Haifa, Israel ; Fks 198 i kl u g; k fo"k; koj dk; Z l # vkgs
- u The Earth and Peace Education Associates International (EPE) New York gh ey/Hkr 'kkar rk eW; kauk pkyuk ns'kkj h vk.k[kh , d l dFkk vkgs gh l dFkk Peace Sustainability, non violence, social justice g; k fo"k; koj dk; Z dj hr vkgs

Hkkj rkrgh vusd l dFkk g; k fo"k; koj dk; Z dj hr vkgs- R; kr i keq; kus
Gandhian Institute of Studies, Jaipur Peace Foundation fofo/k NGO
g; ke/; svki ys; kxnku nr vkgs R; kr hyp vxz kh l etyh tk.kkj h i-i w x#nokuh LFkki u
dsys fplle; l ok VLV] fplle; fe'ku gks - vkt tkxfrd Lrjkoj vks pkfj d]
vukS pkfj d f'k{k.kkP; k ek/; ekru fplle; fe'ku gs 'kkar rk] l R;] vfgd k] cgep; Zg; k
eW; kpk i pkj o id kj dj hr vkgs vkt fplle; fe'kups tkGs l d w k z txHkj i l j ys vkgs
o tkxfrd Lrjkoj vk/; kfRed mi ØekP; k ek/; ekru gs nsh dk; Z gkr vkgs

1962 University Commission

"Education should not stop with the development of intellectual powers but must provide the student a code of behaviour based on fundamental principle of ethics and religion".

"Real Education starts with such cultural activities. We do not forgate that character depends on the quality of human beings.

Self mastery is must.

1952&53

"The supreme end of the educative process should be the training of character and personality of student in such away that they will be able to realise their full potentialities and contribute to the well being of community"

Moral Instruction

Absence of provision for education in social moral and spiritual values is a serious defect in the curriculum"

these values be taught with the help wherever possible of ethical teaching of great religion"

"Direct Moral Instruction" o j Hkj fnyk vkgs o g;kl kBh oGki =dkrgh cny dj . ; kpk I Yyk fnyk vkgs 1983 P; k /kkj .kk Education should faster universal and eternal values oriented towards the unity and integration of our people. 1992 P; k POA useW; I Ldkj kpk vH; kl Øekr I eko'sk dj kok g; kckcr Hkk"; dsys NCF 2000 us 1987 P; kp /kkj .kkpk ij Ldkj dsyk- Religious Education P; k , Øth Education about religion pk mik; I kixryk- /kekZckcr , dkRe nf"Vdku g;kr ekMyk vkf.k gh p n"Vh dk; e Bow NCF 2005 e/; s Education for Peace gk eqk ekM. ; kr vkyl- eW; f'k{k.k.kriu gk fopkj i wkZsd usrk ; srks oj hy I oZfoopuko#u y{kkr ; rs dh] eW; f'k{k.k] eW; kps f'k{k.k] /kkfeZd f'k{k.k] 'kkarrk f'k{k.k v'kk g; k I dYi upk folrkj vkgs o g;kl kBh Moral Instruction egRokP; k ekuY; k vkgs i . k dG Instruction oj ek= x#nokpk fo'okl ukgh- Instruction gs f'k{k.k B# 'kdr ukgh- dkj .k R; kP; k ers funZk gs ckg#u fnys tkrkr- funZk vko' ; d vkgs rs l gt mi yC/k vkgs rsg h rsekU; dj rkr i . k f'k{k.k gs funZk gkÅ 'kdr ukgh- f'k{k.k gs vki ys /; s vkgs R; keGsfunZk gs /; s gkÅ 'kdr ukgh- rs l k/ku gkÅ 'kdrs i fØ; k gkÅ 'kdrs i . k /; s gkÅ 'kdr ukgh- g;kl kBh f'k{k.k fo | kFkhZ vkr j fØ; k g; k R; kauh egRokP; k ekuY; k- funZk cj p vkgs i . k R; kekukus f'k{k.k dkh I [; k deh vkgs gk gh eqk R; kauh ekMyk vkgs ekuokps I á wZ thou fØ; k g; k mnkRr /; s kHkkorh vl koh- I á wZ f'k{k.k i fØ; pkp thou i fØ; k g; k n"Vhus fopkj dj k; yk gok- vktP; k f'k{k.k iz kkyhrhy eW; f'k{k.k.kckcr cnyrk nf"Vdku vkgs /kkfeZd usrd f'k{k.k eW; f'k{k.k] 'kkarrk kBh f'k{k.k gk i okl vkgs Education for Peace gk , d Holistic Approach vkgs gh ckc uohu f'k{k.k i /nrhus ekU; dsyh vkgs x#nokpk gk Holistic Approach gk R; kpk thou fo" k; dp nf"Vdku vl Y; keG R; kps i frfca R; kP; k f'k{k.k fo" k; d fopkj I j .khr mrj Y; kf'kok; j gkr ukgh- Education for Peace pk mikxe Li"V drkauk vl suem dj . ; kr vkys vkgs dh] "Teacher student instruction lesson designs in text books the padagogic approach and the total life of school must all be oriented toward peace" vFkZ x#nokuh g; kdfj rk fo" k; kpp fu/wkZ . k

vl s dsys dh T; knu ekufi d if'k{k.kkph ;kst uk g; koj izdk'k Vkd.; kr vkyk vkgs
 d0G Kkukoj p Hkj udksrj R; knu i klr gskkj h eW; egRokph vl rkr- g;k uohu
 f'k{k.kkrhy fopkj x#nokP; k **"Real Education means the transformation of
 knowledge into wisdom which is then used to curve out a strong character".**
 g;k fopkj kr i frfc0hr gkrkr- g; kr f'k{k kd vkf.k fo | kFkhZ g; kP; k vkarj f0; knu 'kkrnk
 eW; kP; k l ddkj k0j g;k if=dsr fo'k{k Hkj fnyk vkgs g;kp eqj kpk x#nokP; k
 nf"Vdkuknu fopkj dY; kl Lor% x#n0 gs Lor% l rf'k"; gkrj R; kauh x#f'k"; l ddkoj
 vki Y; k fofo/k ys[kknru] i ddknu] Hkk" k.kknru okj 0kj mYys[k dsyk vkgs x#f'k"; kP; k
 vkyk d d ukR; koj R; kpk Hkj vkgs f'k{k kd gk mPp vkpj .kkj fo'okl B0.kkj k vl kok
 u0gs rks vkn'k0 vl kok- R; kps i R; d vkpj .k gs fo | kF; k d f j rk vu0j .kh; vl kos
 g; koj Hkj fnyk vkgs vFkkzr uohu f'k{k.kk 0; Dr dY; k i 0k.k s **He should be tutor
 of peace and values.** gk fopkj g; knu vfhk0; Dr gkrks **Education for Peace**
 g;k ; kst ur ckyd f'k{k.kkkr tks i kFkfed] ek/; fed Lrj koj hy f'k{k.kkpk fopkj dsyk vkgs
 gk fopkj x#nokP; k ckyd f'k{k.k ; kst ur gh i frfc0hr gkrks g;kpk fopkj g; ki d0z
 dj.; kr vkyk vkgs i Lr0 if=dsr ckyo; kr ful xZl kh; kps fufj {k.k o R; krhy l ello;
 g;kpk vkun eykuk ?kÅ ns ; koj Hkj ns ; kr vkyk vkgs ek/; fed] Lrj koj] l tukRed
 fodkl Lovfhk0; Drh] Lo; f'kLr g; koj Hkj ns ; kr vkyk vkgs mPp ek/; fed rj koj
 vFkkzr i kSkMkoLFkr t0gk R; kauh Loph tk.kho >kysh vl rsg;kp dkGkr dkgh ckchoj Hkj
 ns ; kr vkyk vkgs- g;k Eg.kts i ked; kus 'kkrnk ; Dr l gthoukl k Bh R; kph ekufi d
 r; kjh dj .ks

fo | kF; k d f j rk f'k{k kd gk vkn'kz vl rks f'k{k kd kph gh /kkj .kk vl k; yk goh-
"What I teach is what I know and what I educate is what I am" f'k{k kd kauh
 fo | kFkhZ gk pkxyk ekuo Oggok ; kl k Bh iz Ru'khy vl kos f'k{k kd gk , di d k j s ekG; kph
 Hkkfedk d f j r vl rks fo | kF; k d /; srs Kkukps chtkj ksi .k dj rks mPp eW; kps chtkj ksi .k
 dj rks R; kph vR; r i 0kus dkG th ?krks o R; kps vKku nij dj .ks **Good teachers are
 models of peace, values** g;k fopkj kps i frfc0 eG i-i w x#nokP; k fopkj ke/; s

'kks'krkuk x#nokuh g;kckcrhr tsfo/kku dsy svkgs rsegRokpsvkgsrsEg.krkr] ^pkfj «;
 fodl ukP;k /; s kus i fj r f'k{kdkph vkt vko'; drk vkgs We must have teachers
 who must be inspired and feel pride and joy about school because
 education is not in the text books and exercises book or in the classrooms
 only the living examples of right types of teachers. f'k{kdkauh R; kP; k l ekg
 mRre vkn'kzfuekzk dj k; yk gos f'k{kdkph Hkfedk R; kauh i qhy 'kCnkr 0; Dr dsyh vkgs
 The Relationship between the teachers and the taught is exactly like the
 relationship of Gardener and the flower. ekGh gk Qyysfuekzk djhr ukgh rks
 j ki V;kph dkGth ?krks R; kyk [kri k.th ?kkyrks] R; kps l j {k.k dj rks i .k Qyys ; s ; kph
 tckcnjh ek= rks?kÅ 'kdr ukgh- R; kp i zek.k f'k{kdkph Hkfedk vkgs gk egRo i wkz
 fopkj g;k fBdk.th x#nokuh dsyk vkgs Education for Peace g;k if=dr f'k{kdkP; k
 f'kLrhP; k l dYi uoj o i f0; o j fVdk dj .; kr vkyh vkgs o ckg#u T; k i /nrhusf'k{k
 f'kLr yko.; kpk iz Ru dj rkr R; kr cU; kpk fo | kF; kDj fga ps l ddkj gks ; kph fhkrh
 g;k 0; Dr dj .; kr vkyh vkgs x#nokuh ckg#u yknysyh f'kLr gh vfhkr uOgrh-
 vkrfjd f'kLr o Lo; f'kLr g;k oj p R; kauh Hkj fnyk vkgs ekuoh eu o cqn h g;k kulk
 ykoysyh f'kLr egRokph vkgs o ghp [kjh vkrfjd f'kLr vkgs] vl s rs ekurkr-

v/; ; u] v/; ki ukpk fopkj dj rku i f=dr creative, child centered
 vkf.k participatory experimental i /nrhpk voye dj .; kckcr ekxh'kzd rRos vkgs
 i kphu dkGki kl u g;k i /nrhpk voye vki Y; k f'k{k.kkr gkr vkgs dkGku d kj g;kps
 vk'k; cnyr vkgs- x#nokuh t0gk cky fogkj l # dsys r0gk ckydkP; k vfhk0; Drhyk
 R; kauh i k/kkU; fnys ppkz i /nrhyk i k/kkU; fnys l oZ dirh g;k ckydkP; kp fodkl kyk
 vu d #u B0k0; kr g;k oj R; kpk dVkf k gkrk- Questions, Stories, Anedotes,
 Games, Experiment, Discussions, Dialogue, Value clarification, Examples,
 Analogies, Role play stimulation g;k l oZ i /nrhpk mgki kg i f=dr dj .; kr vkyk
 vkgs cky fogkj g;k mi 0ekr g;k l okpk mgki kg vki .kkl vk<Grks uOgs g;k oj hy
 i /nrhus x#nokuh vu d mi 0e ?kr ys vkgs o l /; k gsmi 0e l # vkgs-

'kkys Lrjkoj vxnh 'kkGP; k ?kks'kokD; kriu l qnk **Peace Education**
ph ?kks'k.kk vl koh- l aiwkz 'kkys okrkoj .kkriu 'kkarkj l d'rhps l ddkj fo | kF; kbj
Ogk; yk gos f'k{k d if'k{k.kkriu l qnk gh eW; s#tfo.; kpk iz Ru gk Ogk; yk gok- g:k
ckcrhr th ersvki .kk l if=dr vk<Grkr- R; kps i frfca vki Y; kyk x#nokP; k fopkj kr
igko; kl feGrS l aiwkz f'ky 'kkark eW; kph ; knh l qnk g; kr ns ; kr vkyh vkgs
x#nokuh tOgk eW; kf/kf"Br f'k{k.kkpk fopkj dsk R; kr i k e d ; kusg; kpk fopkj dj . ; kr
vkyk vkgs o eW; f'k{k.kkpk fopkj dsk R; kr g; kpk foLr'r mgki kg dj . ; kr vkyk vkgs

rkRi ; Z vk/kfud f'k{k.kkoj cl; kp izek.kk i-i# x#nokP; k fopkj kpk
vki .kk l iHkko vk<Grks

2½ erkoyhP; k vk/kkj s x#nsokP; k fopkj kP; k vk/kfud f'k{k.k
i/nrhoyhy i Hkkokps fo'ys'k.k %&

i-i# Lokh fpUe; kuan gs Fkkj f'k{k.k.rTK gkrs g;k eqj kps foopu
vki .k g;k i nhz i kfgys vkgs R; kP; k 'k{kf.kd fopkj ki Sth vud fopkj vk/kfud f'k{k.k
izkkyhr i frfcr >kys vkgs g;k i nHkkR [kkyhy i æk.ksnku erkoy; k r; kj dj .; kr
vkY; kr-

1½ i-i# Lokh fpUe; kuan g;kP; k 'k{kf.kd fopkj kP; vk/kkj hr erkoyh r; kj
dj .; kr vkyh o rh 100 f'k{k.k.rTKkauk ns ; kr vkyh g;k f'k{k.k rTKkr vH; kl eMGkps
l nL;] ch-, M-] Mh-, M- egkfo | ky; krhy vf/kO; k[; krk] f'k{k.k {ks=kd kh l æi/kr fo}ku
rTK] f'k{k.k [kkR; krhy dkgh vf/kdkjh g;k kauk R; k ns ; kr vkY; kr-

2½ vk/kfud f'k{k.k i/nrh T; k **Framework** oj vk/kkj hr vkgs vl s **National
Carruculum Framework 2005** e/khy xkHkkHkr rkfRod ?kVdkP; vk/kkj hr erkoyh
r; kj dj .; kr vkyh- g;k erkoyhr **NCF 2005** e/khy fuoMd 135 eqj kpk varHkkz
dj .; kr vkyk vkgs o gh erkoyh fpUe; fe'ku e/khy v'kk 100 l k/kdkauk ns ; kr vkyh
ts l k/kd d; k p o"kkz kl u fpUe; fe'kue/; sdk; j r nj vkgs i .k R; kpi æk.krs f'k{k.k
{ks=kd kh i .k l æi/kr vkgs-

nkslgh erkoyhpsfoopu dj .; kr vkys nkslgh erkoyh i fj f'k"Vkr ns ; kr
vkY; k vkgs- nkslgh erkoyh ; f'k{k.k rTK o fpUe; l k/kd ; kauk vu@esns ; kr vkY; k-
R; kps l kj .kh; u dj .; kr vkys o R; krhy mi eqj kauk vud #u nkslghgh erkoyhrhy
l gl æi/kr i MrkGu i kg.; kr vkyk-

f'k{k.k rTKkauk ns ; kar vkysY; k erkoyhps fo'ys" k. k o vFkFuo7pu %&

f'k{k.k rTKkauk ns ; kr erkoyhr i qhy erkauk vuđ : u ersekxfo. ; kar
 vkyh gkrh- 1½ f'k{k.k l dYi uk] 2½ f'k{k.k/; s] 3½ 0; fDreRo fodkl] 4½ thoukph
 /; s] 5½ ekuo o eu] 6½ v/; ; u v/; ki u i/nrh] 7½ x# f'k"; l cdk] 8½ jk"V^a
 l dYi uk] 9½ f'kLr vkf.k Lokr; ;] 10½ /ke] 11½ ekuoh eW; ;] 12½ vH; kl Øe-

ojhy eq] kd vuđ : u i qhy i ek. ks i frl kn i klr >kyk-

dkš"Vd Øekad 1 % f'k{k.k

	ers	¼vl ger½	¼vd kr%½	¼l ger½
1½	vkt f'k{k.k kkeGsl keW; ; kX; r r ok >kyh i .k vkiY; k dekP; k {ks=kr Kkukpk mi ; ksx dj .; kph {kerk fodfl r >kyh ukgh-	19	37	44
2½	0; fDreRRO fodkl kdfj rk ân; kps f'k{k.k (Education of Heart) egYokps vkgs	06	10	84
3½	0; fDreYokP; k i qfuekZ kkkBh LkE; d thoukr ckš) d f'k{k.k o eukph i u0; bLFkk vko'; d vkgs	03	09	88
4½	Kku vko'; d vkgp i .k R; kp l ksr g; kph mi ; kst ugh vko'; d vkgs	01	09	90
5½	tŠgk 'kkL=Kkuky k eukP; k ek/; eknu vkRel kr dsys tkrso R; kpk vH; kl dsyk tkrk rŠgk rsvki Y; k dirhyk uohu vk; ke fuekZk dj rs	05	17	78
6½	doG funžku Eg.ktsf'k{k.k ukgh dkj .k funžk fnys tkrkr o f'k{k.k i klr dsys tkr	08	24	68

7½	funtk ckgs u fnys tkrkr i .k f'k{k'd f'k"; kP; k ân; krhy i Toyhr o x#}kj k l j f{kr vkrfj d oLrqvkg	08	26	66
8½	"Self Cleansing" gh i fØ; k f'k{k.k.kP; k ek/; ekru Oqk; yk goh-	01	21	78
9½	'kks o 0; kol kf; d f'k{k.k i wkz dŸ; koj ckg; txkr i kÅy Vldrkauk fo'okP; k j pur vki ys ueds LFkku dk; vkgsgs dGk; yk gos	03	16	81
10½	vkt fo kFkz f'kf{kr gkrks i .k Kkuh gkr ukgh-	07	35	58
11½	ufrd l kn; j l kdfrd egkurkj j k"Vh; l akVu.] j pukRed mRi knu {kerk}vuq kkl hr mUkrh gs xqk f'k{k.k.kru fodfl r Oqk; yk gos	02	09	89
12½	vgadjfgr deZ dj .; kph Hkkouk Eg.ktp ; KHkkouk 0; Drhe/; sfodfl r Oqk; yk goh-	09	13	78
13½	'kkrk gh ckg; i fj fLFkrhus i LFkfi r gkr ukgh rj ; K Hkkousr; kj gkr	12	29	59
14½	l oZ l k{kj >kys Eg.kts l q'kf{kr >kys vl s Eg.krk ; s k k j ukgh-	04	16	80

i - i w x#nokP; k 'k{kf.kd fopkj ka dh fuoMd f'k{k.k l dYi uoj vk/kkj hr
14 erok vrHkkz erkoyhr dj .; kr vkyk- g; k fo/kkuk f'k{k.k rTKkuh fnysyk
i frl kn i qhy i ek.ks

vl ger & 05] vdkr% l ger & 18] vkf.k l ger & 77

ojhy vkdMokj ho#u y{kkr ; rs dh] x#nokuh 0; Dr dsyuh f'k{k.k
l dYi uskerph ersvk/kjud f'k{k.k i/nhr i frfcahr gkrkr-

dkš"Vd Øekad 2 % f'k{k.kkph /;s

	ers	¼vl ger½	¼vd kr½	¼l ger½
15½	ckg; mi pkj kauh ufou fopkj kps j ksi .k gksÅ 'kdrs i .k f'k{k.kkpsvfire y{k vkReifj orZu vkgs	05	17	78
16½	Transfusion of Idea udksf' k{k.kkruu Transformation vko' ; d vkgs	01	14	84
17½	fo kF; kkyk mPPk vkn'kkz r U; k; psvl sy rj xq yk f'k"; kP; k ckš) d Lrjki ; r ; sÅu R; kpk ckš) d Lrj ok<okok ykxsy-	01	15	84
18½	i qrdkruu feGkysys Kku euu fparukus vkRel kr djkosyxrR; kurj dkgh dkG R; koj l jko djkok ykxrks	07	13	80
19½	f'k{k.k gh f'k"; kph vkReT; kr vkgs th f'k{kcd tki kl rkr-	08	25	67
20½	f'k{k.kkruu 0; Drihp Mental Attitude cuk; yk gok-	04	15	81
21½	bZ oj kP; k U; k; k'kh ekuokus xj orZu d: u; s gk i ; kbj .k f'k{k.kkexhy nf"Vdku vl kok-	06	14	80
22½	orZeku dkGkr eykP; k l qj LoHkkokph fufeZhi dj .; kr ; koh-	04	10	86
23½	ckydkauk [kj k fopkj djko; kl f'kdok; yk gos	01	05	94
24½	vkt eykkauk vl sf'k{k.k feGkos dh R; kauh fouk'kdki h fu"ks'kkRed Hkkoukpk vachdkj d: u; sR; kps thou j pukRed vl kos	01	08	91

25%	f'k{k.k.kkru I kldfrd uruhdj .k vko' ; d vkgs	01	19	80
26%	mnkRRk /; s tj 0; Drhl ekj vl sy rj 0; Drthyk R; kP; k {kerkpk "kks/k ykxrks	01	14	85
27%	j k"Vlph l e) h j k"Vlph ixrth gsekuokps/; s gos	03	14	83
28%	f'k{k.k.kkps /; s Labour fdrk Worker fuEkkz k u dj rk Man of acheivement fuekzk dj .ks gk vkgs	02	12	86
29%	Stop dirting and posioning the river, the river will purify gk i ; kbj .k f'k{k.k.kkcr nf"Vdlku gok-	05	08	87
158%	f'k{k.k.kkru Standard fo living and standard of life nkslghpk fodkl Ogk; yk gok-	02	09	89

i -i w x#nokP; k 'k{kf.kd fopkj ka sdh fuoMd f'k{k.k /; s koj vk/kkj hr 16
erpk vrHkkz erkoyhr dj .; kr vkyk- g; k fo/kkukuk f'k{k.k rTKkukh fnysyk i fr l kn
i qhy i ek.ks &

vl ger & 03] vdkr% l ger & 12] vkf.k l ger & 85

ojhy vkdMokj ho#u y{kkr ;rs dh] x#nokukh 0; Dr dsyhy f'k{k.k
/; s koj ph ers vk/kkud f'k{k.k i/nrhr i frfcahr gkrkr-

dkš"Vd Øekad 3 % 0; fDreRo fodkl

	ers	¼vl ger½	¼vd kr½	¼l ger½
30½	ekuokr 'kkj hfj d] ekufi d] ckš) d o v/; kfRed vl spkj izdkj ps0; fDRkRo vl rkr-	81	18	01
31½	pkj gh 0; DrhRokpk , dkfRed fodkl kurj ekuokpk 0; DRkhekRo fodkl ?kMu ; sks	78	19	03
32½	0; fDreRo gs dež z/ku c) iz/ku o Hkkouki z/ku vl rs	79	19	02
33½	0; fDrP; k eu vkf.k c) he/; s rkGeG ul Y; keGs0; fDreRro yaMs i Mrs	80	18	02
34½	0; fDreRro i kGs cuY; kus thoukrhy vk0gkus ek.kd i syw'kdr ukgh-	75	19	06
35½	T; kus vki Y; k eu c) yk ; k; f'k{k.k nšAu R; kP; kr l d okn fuekZk d syk vkgs rkp ifj i wZ ekuo gks -	88	11	01
36½	f'k{k.k.kkru eu o c) h vl k l erksy fodkl viš{kr vkgs i .k rks vkt gks kauk vk<Gr ukgh-	78	17	05
37½	vk; d; krhy }a; i sy. ; kph {kerk f'k{k.k.kkru foLej .k 0; Drhe/; s fuekZk Ogk; yk goh-	87	12	01
38½	euc) hpk l erksy j k[k.k.s Eg.kts vgađkj kps gks gs f'k{k.k.kkru l k/; Ogk; yk gos	73	22	05
39½	l rr o i kelf.kd vkReiz Rukf'kok; vkRekšUkrh o vkrfjd fodkl 'kD; gks kkj ukgh-	79	16	05

40	oržeku] Hkwr o Hkfo"; g; k frugh dkGkckcr fopkj gs0; DtheRRokpsuk'kpsrhu L=kr vkgr-	44	28	28
41	0; DtheRRokpk uk'k jk[k. ; kl kBh i qhy rhu mik; vkgr- v½ bfinz; kph }kj s l a r dj .ks c½ euyk ân; kP; k fBdk.kh fLFkj dj .ks d½ fujarj eukP; k , dkxrpk vH; kl dj .ks M½ vke~g; k v{kj kps mPPkj .k dj .ks	82	13	06
42	0; DtheRRokps vkrfj d ?kVd gs i R; sd 0; Drh e/; s l eku vl rkr-	46	23	31
43	0; DtheRRo l dYi ur l Ro] j tks o re xqkkpk fopkj gk i k/kku; kus dj .; kr ; rks	82	16	02
44	ekuokps vkrfj d 0; DRtheRRo egRRokps vkgs	80	16	04
45	ekuo vki Y; k vkrfj d txrkud kj vki ys ckg; tx txrks	60	35	05
46	ekuokps pkfj «; o R; kps 0; DRtheRRo gs R; kP; k ckg; txrkps vuttko fuf'pr dfjr vl rkr-	70	27	03
47	vkrfj 0; DtheRRokP; k i u l žek; kst ukf'kok; ckg; txkpk fodkl gksÅ 'kdr ukgh-	71	21	08
48	vr xzr l kš; žok<foY; kf'kok; Quality of life l qkkj .kkj ukgh-	72	20	08
49	l dkj kRed l nxqkkps ân; o l tu'khy cks) d eiv; vl Y; kf'kok; ekuo l ekt l q) k cu.kkj ukgh-	77	19	04
146	cfgeTk eu o vkreTk eu nkgk dktwl ello; kps dke dš; kl p ekuokP; k 0; fDreRokr l ello; fuekzk gksrks	85	14	01

i-iw x#nokP; k 'k{kf.kd fopkj kã Sh fuoMd 0; fDreRo fodkl koj
vk/kkj hr 24 erkp v rHkz erkoyhr dj.; kr vkyk- g; k fo/kkuk f'k{k.k rTKkwh
fnysk i frl kn i qhy i zek.ks &

vl ger & 75] vãkr% l ger & 18] vkf.k l ger & 07

oj hy vkdMokj ho#u y{kkr ; srs dh] x#nokuh 0; Dr dsy sh 0; fDreRo
fodkl koj ph ers vk/kj ud f'k{k.k i /nrhr i frfcahr gks ukgh-

dkS"Vd Øekad 4 % thoukph /;s

	ers	¼vl ger½	¼vd kr½	¼l ger½
50	doG Hkkfird l e) h Eg.kts thoukps /; s ukgh rj rs l k/ku vkgs	85	14	01
51	Lor%k tk.kuu ?ks ks gp thoukps /; s vkgs	76	22	02
52	thoukps /; s gsifj iwz l qk vl yp ilfgtsch tñs l o z l ðk"l z l a qVkr ; Åu 'kkark i z Fkkfir gkrs	88	18	04
53	thoukr vkuan iklr dj .; kl kBh Lol ek; kstu vko' ; d vkgs	86	11	03
54	vkRel a ekeGs vkrfj d 0; fDreRRO l cy gkrs	86	11	03
55	vkRel a eu o bñh; fu; æ.kkl kBh l d ðdkj vko' ; d vkgs-	87	08	05
56	eukP; k i wuf' kZk.kkP; k }kj k vkRel a ekph i klrh gksÅ 'kdrs	74	19	07
57	thou /; s kP; k i klrh kBh , dkRe 0; DtheRRokpk fodkl dj kok ykxsy-	84	11	05
58	i qhy thou /; s gh ekuokP; k mUkrlh kBh vko' ; d vkgs-			
	1) To realised pure awareness	79	18	03
	2) To rediscovery of self	83	12	05
	3) To gain peace and Joy	88	09	03
	4) Detachment from body mind and intellect.	70	21	09
	5) Detachment from low values	72	19	09

	6) Detachment from ownership.	70	24	06
	7) Self control	91	06	03
	8) Self criticism	86	12	02
	9) Self development	91	07	02
	10) Self less work	76	11	13
	11) Self realization	84	11	05
	12) Self Education	91	07	02
	13) Self effort	88	08	04
	14) Self Improvement	87	10	03
	15) Self perfection	90	09	01
	16) Self recognition	90	07	03
	17) Rehabilitation of personality	84	12	04
	19) Re-management of personality.	88	09	03
59	doG I iknu dj .ksvkf.k [kpZdj .lso R; kpdfj rk thou 0; rhr dj .ksgs thou/; s I dffpr vkgs	74	18	08
60	dig; fo"K; oLrøj voyou ul .kkj; k iwZl ek/ku o vkunkph i klrh d: u ?ksksgsthokps/; s vkgs	65	27	08
61	vk/; kfRed I keF; Zo/nh gp Hkkf rd vkOgkukuk , deo mYkj vkgs	71	19	10
62	ekuokus ^eh i .kkP; k tks[kMkrw Lor%ps eDrrk d: ?; k; yk goh**	83	11	06
63	thoukpk 'kk'k ?kr-Y; kaup ekuoh thoukph nq[ks u"V gkrhy-	76	18	06

64	i R; d 0; Drhe/; s l qRk] fn0; o {kerk vl rkr-	86	10	04
135	Adaptation to new environment gs thou /; s vkgs	81	17	02
140	brj kP; k gDdkph tk.kho Boyh rj rs "kkarh o l e) hP; k ekxkzj n'skkyk ursgh tk.kho ekuokPkh fodfl r Ogk; yk goh-	86	12	02
145	vkrfj d o ckg; eukP; k dk; k' l q dkn fuekZk dj .ks gp ekuokps /; s vkgs	88	10	02
147	thoukrhy fofok l eL; kau l kexj s tk. ; kph {kerk ekuoke /; s fuekZk Ogk; yk goh-	93	06	01
148	thou /; s o thouekxZg; kr l ello; vl kok-	85	13	02
170	'kkark iwko vkuankr l gthou tx.ks gk ekuokpk fo"ks kkf/kdkj vkgs	94	05	01

i-iw x#nokP; k 'kskf.kd fopkj ka Sh fuoMd thoukps /; s koj vk/kkj hr
38 erkp vrHkkb erkoyhr dj .; kr vkyk- g; k fo/kkukuk f'k{k.k rTKkukh fnysyk
ifrl kn i qhy i ek.k&

vl ger & 83] va kr% l ger & 13] vkf.k l ger & 04

ojhy vkdMokj ho#u y{kkr ;rs dh] x#nokuh 0; Dr dsyhy thou
/; s kckcr 0; Dr dsyhy ers vk/kfud f'k{k.k i/nrhr i frfcahr gkr ukgh-

dkš"Vd Øekad 5 % f'kLr Lokræ;

	ers	¼vl ger½	¼vd kr%½	¼l ger½
139	/; s kP; k i fr HkDrh vkf.k l ei Zdrk] deZ kxkps vkpkj .k] l ekt l øk] ân; 'kq] h l d rthfodkl gs vkREkf' k{k.k.kk l k Bh vko' ; d vuqkk l u vkgs	04	04	82
141	Hkkj rh; j kT; ?kVusus ekuoh Lokræ; kl ekU; rk fnyh i .k R; kl kcrp vuad vkns'k o fu; el q] k R; kr fnys vkgs g; k ckcr 0; Drhyk Hkku gos	01	07	92
142	vkRel a eu o vkRel f' kLr ghp [kj h f' kLr vkgs	02	09	89
143	txrk' kh ; kx; l æak j k[k. ; kph dyk vki .kk l ekfgr vl sy rj p vki .k vki Y; k 0; DrherRokyk f' kLr ykow' kdrks	03	09	88
144	doG 'kkj hfj d f' kLr i g' s kh ukgh R; kpcj kcj fo kf; kE/; sekuf l d f' kLrgh vko' ; d vkgs	02	13	85

i -i w x#nokP; k 'kškf.kd fopkj ká s h fuoMd f' kLr Lokræ; l dYi uo j
vk/kkj hr 05 erkp va Hkko erkoyhr dj .; kr vkyk- g; k fo/kkukuk f' k{k.k rTKkukh
fnysyk i fr l kn i qhy i zek.ks&

vl ger & 03] vkr% l ger & 08] vkf.k l ger & 89

ojhy vkdMokj ho#u y{kkr ; rs dh] x#nokuh 0; Dr dsyhy f' kLr
Lokræ; l dYi uo j 0; Dr dsyhy ersvk/kfud f' k{k.k i /nrhr i frfcchr gkrkr-

dks"Vd Øekad 6 % ekuo o eu

	ers	¼vl ger½	¼vd kr½	¼l ger½
65	ekuo Eg.kts pkfj «; -	06	17	77
66	thoukr l q i "V o Loræ vl snku ekxz vl rkr- R; ki Sch ; kx; ekxkph fuoM gh ekuokyk vñre /; s kir ?ksÅu tkrs	04	16	80
67	eu vkf.k cð hpk l erky fodkl >ky; kl ekuoh thoukr l q ðkn fuekzk gkrks	02	11	87
68	vkt eu vkf.k cð h nyZ{kr j kfgY; keG ekuokPkk vkrfj d fodkl nyZ{kr vkgs	03	20	77
69	eu&cð hph xqkorRkk vkf.k i kr g; koj p 0; DrheRRokph xqkorRkk fu/kkZj r gkrks	05	13	82
70	eukps l ð dj .k vkf.k cð hps i zksku d: up 0; Drhpk 0; DrheRokr mUkrh ?Mlou vk.krk ; s	02	17	81
71	vkt eu vkf.k cð h dðG nyZ{kr ukgh rj R; kph Qkj dr >kysyh vki .kl vk<Grs	07	24	69
72	ckg; vOgkukauk Lohdk: u o R; kP; k' kh l keuk d: u 0; DrheRRokr l erky j k[krk ; bÿ-	03	20	77
73	'kkj hfj d n"V; k vkj kx; l á Uuk] eukusvkuanh] cð hus fr{ .k] vkfRed n"V; k LFkhj vl k l ekt f' k{k.k.kkru fuekzk Ogk; yk gok-	03	06	91
74	Hlfo"; dkyhu l q kph r; kj h gs0; Drhps thou/; s vkgs	13	23	63
75	vrcðg; eukoj LokfeRo feGfo.ksgsekuokps/; s vkgs	04	21	75

76	mPPk vkn'kz l ekj BÅu l eiZk Hkkousus deZ dY;kl eu 'kq) gkrso v'kk eukr Kku : trs	04	13	83
164	eukyk mPp vkn'kkps/;s nsks vko'; d vkgs	01	10	89

i-iw x#nokP; k 'k{kf.kd fopkj kã dh fuoMd ekuo o eu ; k l dYi uoj
vk/kkj hr 13 enok va Hkkõ erkoyhr dj.; kr vkyk- g;k fo/kkukuk f'k{k.k rTKkukh
fnysyk i fr l kn i qhy i ek.ks&

vl ger & 05] vãkr% l ger & 16] vkf.k l ger & 79

oj hy vkdMokj ho#u y{kkr ; rsdh] x#nokukh 0; Dr dsyhy ekuo o eu
; k l dYi uoj 0; Dr dsyhy ersvk/kfud f'k{k.k i/nrhr i frfcãhr gkrkr-

v/; ; u o v/; ki u

	ers	¼vl ger½	¼vd kr½	¼l ger½
77	i Hkkoh v/; ; ukl kBh Hkkouk o fopkj kP; k mi dj .kkauk 'kq) dj .; kph o R; kph tG.kh dj .; kph vko' ; drk vkgs	03	15	82
78	foKku iz ks'kkGr T; kie.k.lsl k/kukph tGoktGo dY; kf'kok; iz ks dj rk ; r ukgh R; kpiæk.k v/; ; ukl kBh fofok ekufi d mi dj .kkph tGoktGo vko' ; d Bj rs	03	12	82
79	dks kR; kgh 'kkL=kps v/; ; u dj .; kl kBh R; k 'kkL=kckr vknj J) k o iif; Hkko vl kok ylxrks	03	10	87
80	i Hkkoh v/; ki ukl kBh x#P; k I KUUh/; kph vko' ; drk vkgs	07	23	70
81	ryuk dj .ksgk vkdyukpk , d exZ vkgs	05	25	70
82	dkgh mPPk vkn' kZ i klr dj .; kl kBh pdk vkf.k f'kdk g; k i) rhpv vki .k mi ; ks dj ko; kl gok-	08	15	77
83	0; Drhps tUei nZ v/; ; ugh R; kP; k 0; DrheRRO fodkl kP; k nf"Vdkukru egRRokps vkgs	16	15	69
84	i Hkkoh v/; ; ukl kBh [kryhy ckchph vko' ; drk vkgs			
	v½ cEgpk; Z	37	20	43
	c½ 'kq) vUukl ou	10	20	70
	d½ 'kq) fopkj	03	10	84
	M½ fu; fer bz kpru	09	25	66

85	vkarijkk"Vh; 'kkarke; thoukl kBh] ekuokyk R; kP; k thoukr tkLrhr tkLr 'kkarrk feGfo.; kl kBh 'kkarhi kBkph vko'; drk vkgs	11	28	61
86	txlyk 'kkarndMs tk; psvl sy o l kldfrd ifj i wkrP; k vf/kd fo'kky efinj kdMs tk; psvl sy rj fuR; 'kkarhi kBkph vko'; drk vkgs	10	25	65
87	tDgk dk; Zfnl u; ; srsrDgk cD) hyk rs l etu ?ks; kP; k iz Ru Eg. ku R; kP; k dkj .kkap 'kks/k ?; ko; kl i kfgts	04	14	82
88	dk; Zkj .k Hkko 'kks/ku gk cD) hpk d/khgh u l a .kkj k [kG vl rks Eg. ku v/; ; ukl kBh dk; Zkj .k Hkko 'kks/ku i) rh egRRokph	04	14	82
89	i Hkko v/; ; ukl kBh fparu i) r egRRokph vkgs	04	10	86
90	0; DrheRRO fodfl r dj .; kl kBh vkRefuj h{k.k i) r egRRokph vkgs	03	10	87
91	v/; ki ukl kBh ppkzi) r o iz ukRRkj i) r Lo; d kks/ku i) r egRRokph vkgs	03	05	92
92	Lor%ps eW; ka du dj .ks Lor%ps cnyps funku dj .kj vkf.k vki .k i R; {kkr dksk vkf.k dl s vkgkr gs l et .ks gh Hkkofud cD) heRRkk ok<fo.; kl kBh vko'; d vkgs	04	18	78
93	vkRefuj h{k.k o vkRefo' y'sk.k gh Lo; v/; ; ukph i Hkko i) rh vkgs	01	12	87
94	vkReij h{k.k v/; ; u i) rhr vkRefuj h{k.k 'kks/ku] fu"ksk o cnyh ; kst uk gs Vlls egRRokps Bj rkr-	03	17	80

95	v/; ; ukl kBh Jo.kjeuu funh/; kl u vko'; d vkgs	01	05	94
96	Self cleansing g; k i f0; d kBh Moral Living, Ethical standards, virtues, cultural values g; kpk vrHkko dj. ; kr vkyk vkgs	04	16	80
97	Jo.k i) rhus v/; ; u n< gkrs	04	19	78
98	Jo.k i) rhr i qhy {kerk fodfl r gkrkr- 1) Ability of understanding 2) Self awareness 3) Self application	06	23	71
99	v/; ; ukl kBh Learning Mind ph vko'; drk vkgs	03	17	80
100	ckg; txkps v/; ; u dj. ; kl kBh ck\$) d k fo'y\$'k. i) rh ; k\$; vkgs	04	20	76
101	fofo/k 'kkL=krhy Kku gs vks kf/kd Kku vkgs i fj .kkeh R; k 'kkL=kyk e; kzh vkgs-	05	23	72
102	Kku vkf.k foKku g; krhy Qj d 0; Drhyk l etk; yk gok-	02	08	90
103	rRoK vkf.k 'kkL=K g; kP; krhy Qj d brdkp dh R; kP; k vUos kk. ktps {ks= fHKUuk vkgs	03	19	78
104	foKku gs i k; % vki Y; k l HkkorkyP; k txkrhy oLrHkko vkf.k R; kps vkdrhca/k g; kps i qul Zek; kstu vkf.k i qvkvk.k.kh d: u l qk feGouu ns; kph vk'kk ckGxrs	04	19	77
105	foKkukus ekuokyk fpfdRI d nf"Vdksu fnyk i .k Lo; v/; ; uklpk fpfdRI d nf"Vdksu fnyk ukgh-	12	21	67

138	fo kF; kzyk vki Y; k f' k{kdkyk d0G iz u dj .; kps Lokræ; p ukgh rj mRRkj i klr dj .; kpk vf/kdkj vkgs	04	11	85
171	Kkuxg.k gs KkukdMwu vKkrkdMs gkrs	04	17	79
172	LFkkfudrdMwu oš' odri ; ĩr us kkj s Kku vl kos	02	09	89
173	tsKku i kB; i ĩrdkr feGr ukgh rsKku cks u i klr dj .; kph {kerk 0; Drtir fuekzk dj k; yk goh-	04	04	92
174	I ĩdr Hkk" kps v/; ; u gs vko' ; d vkgs	15	25	60

i -i w x#nokp; k 'k{kf.kd fopkj kĀ sĀh fuoMd v/; ; u o v/; ki u ; k
I ĩYi uoj vk/kkj hr 37 erkp v r Hkkz erkoyhr dj .; kr vkyk- g; k fo/kkukuk f' k{k.k
rTKkukh fnysyk i frl kn i ĩhy i æk. ks &

vl ger & 07] vĀkr% l ger & 16] vkf.k l ger & 77

oj hy vkdMokj ho#u y{kkr ; rsdh] x#nokuh 0; Dr dsyŷh v/; ; u o
v/; ki u ; k I ĩYi uoj 0; Dr dsyŷh ersvk/kfud f' k{k.k i/nrhr i frfcĀhr gkrkr-

dk"Vd Øekad 8 % jk"Vª I dYi uk

	ers	¼vl ger½	¼vd kr½	¼l ger½
130	jk"Vª gs ukxfj dkauh curs tj ukxfj d cyoku dðky ij kØeh vkf.k R; kxh vl rhy rj jk"Vªgh cyoku gkrs	01	04	95
131	dðG HkqkMkoj okLr0; k dj .kkj; k ykdkpk l eg Eg.ktsjk"Vª u0gsrj gk ykdl eg tðgk l d ðkVhr dk; Øekl kBh , df=r ; rksvkf.k l etu /; s xkB. ; kl kBh fu"Bus>Vr vl rls rðgkp jk"Vªph ?M. k gkrs	02	06	92
132	jk"Vªps l keF; Zo xqkkRedrk gh 0; Drhps l keF; Zo xqkkRedrk ; koj voyæu vkgs	02	09	89
133	, dkRerph Hkkouk fuekzk dj . ; kl kBh /kkfedl rRRokps l ðdkj dj kos ykxrhy-	14	22	64
134	tðgk , [kknk tul eg inh?kz dkGi ; ðr for' k"V HkSkshd {ks=kr thoup; k dkgh rkrRod eW; kpk vkf.k l nxqkkpk vknj dfjr thou tkxr vl rks R; knu tks thou l qdk i l j rksR; kl l ðdrh Eg.krkr-	02	20	78
137	jk"Vh; o Hkkofud , dkRerk ?kMou vk.kk; ph vl sy rj mRd"V 0; DrheRRokP; k vkn' kðps mnk- fo kF; kð ekj Bøkos ykxrhy-	01	11	88
169	If people come together with common Ideal or goal to which they are edicated there is integration	01	10	89

i-iw x#nokP; k 'k{kf.kd fopkj ká Sdh fuoMd j k"Vª I dYi uoj vk/kkj hr
07 erkp varHkz erkoyhr dj.; kr vkyk- g;k fo/kkuk f'k{k.k rTKkukh fnysk
ifrl kn iqhy iek.k&

vl ger & 03] vkr% l ger & 12] vkf.k l ger & 85

ojhy vkdMokj ho#u y{kkr ; rs dh] x#nokuh 0; Dr dsyjh j k"Vª ; k
I dYi uoj 0; Dr dsyjh ers vk/kkud f'k{k.k i/nrhr i frfchr gkrkr-

dkš"Vd Øekad 9 % x# f'k"; l cdk

	ers	¼vl ger½	¼vd kr½	¼l ger½
106	, [kk kyk f'k"; Eg.kuu Lohdkj Y; kuarj R; kyk eerusi Ekkusekxh'kzu dj .ksgsx#psdrD; vkgs	03	11	86
107	x#yk f'k"; kcíy viRoie vl kos	04	07	89
108	f'k"; kusvki Y; k vkKpsiky u djkosvl stj oKvr vl sy rj x#usf'k"; kP; k 'kcdkpsfuj l u djkos	04	15	81
109	x#f'k"; kr iekps l cdk fuekZk >KY; koj x#yk f'kdfo. ; kph mehz ; rs	06	19	75
110	rq iS sns eh f'kdorks v'kh 0; ki kj h oRRkh x#P; k fBdk.kh udkš	05	15	80
111	T; k fBdk.kh i e] fe=Ro] Lokra=] ijLij l et g; kps l gkuqkwhps okrkoy .k vl rs v'kkp fBdk.kh c) hpk eukpk pkxyk fodkl gkrks	04	10	86
112	x#cíy J) k vknj i q; c) h xkš okph ueoRRkh g; k pkšVhr j kgw f'k"; kus ppkZ dj koh-	02	16	82
113	f'k{cdkuh fo kF; kē/; sLora; fjR; k i R; cd xkšVhpk vuqko ?ks ; kps l kekF; Z fuekZk dj ko; kph i j .kk fuekZk dj ko; kl goh-	01	12	87
114	tØgk x# f'k"; kl kcr ifj iwZrkGeG l k/krks rØgkp x# R; kyk Kku inku dj rks	05	20	75
115	fo"k; kps v/; ; u dj .; kl kBh fo kF; kē/; s fdeku xg.kf'kyrk vl ko; yk goh-	02	11	87

116	i Hkkoh v/; ; ukl kBh fo kF; kE/; s v/; ; ukckcr : ph vl koh R; k fo" k; kckcr vknj vl kok-	03	10	87
117	f'k{kdkus vki Y; k mPPkj kr vkf.k fopkj kr l ello; l k/kok-	02	06	92
118	xg.k dsysys Kku Lor%toG l j f{kr Bø.; kph {kerk fo kF; kE vl koh-	11	13	76
119	vkpk; Z o Nk= g; kpk , deschi' kh l q oknh gkrks rØgkp Kkunkukph i fØ; k l q gkrks	03	10	87
120	T; kyk ykk o vgdkj ekfgr ukgh o tks l nk l npfjr vl rks rkp [kj k vkpk; Z gks -	13	06	81
121	x# gk dØG /ofuephdk udks rj rks Kkukus vkpkj .kkus ifj i wZ gok-	02	08	90
122	pkxys x# gs vki Y; k f'k"; kph Loræi .ks pplZ dj.; kph 'kDrh xpe: u Vkdru nskjs ul rkr-	05	08	87
123	fo kFkZ rØgkp f'kLrfiz gkby] tØgk f'k{k d l nkpjhi gkrty-	02	07	91
124	ekuo l ddrhph n[ky] ufrd ntkj fdok l nkpj kph >GkGh fo kF; kP; k 0; fDreRokyk inku dj k; ph vl y rj fo kF; kZus vki Y; k eukr iæ i w; Hkko o l [; kRo g; k Hkkouk ckGxµ f'k{kdktoG tk.ks vko'; d vkgs	01	19	80
125	x#ps vkpj .k gs 'kq vl k; yk gos dkj .k f'k"; R; kP; k ckq; l o; hps vuoplj .k dj rkr-	02	11	87
126	x# gk mnkj vrdj .kkpk mnkj n; kGw o l fg".kq vl kok-	03	11	86

127	fo kF; k; yk x#pk mins kkP; k ifr v: ph vl sy rj dkghgh xg.k d: 'kd.kkj ukgh R; kP; k vr%dj .kkv dkghgh >hj lkq 'kd.kkj ukgh- ufou l dYi uk eG /k: 'kd.kkj ukgh-	03	16	81
128	f'k{kdkusfunz k nsAu eykuk Kku vkRel kr dj .; kl i dRr dj ko; kl g0ks	07	17	78
129	f'k{kdkk e/; s [kkyhy xqk vl k; yk gor-			
	1) Living the Ideals that have been intellectually comprehended during the studies (Satyam)	02	10	78
	2) The practice of what is right and proper as indicate in the scripture	03	12	85
	3) A spirit of self sacrifice and self denial	01	13	86
	4) Control of the senses.	03	07	90
	5) Tranquility of mind	02	11	87
	6) Doing ones duty towards humanity	03	07	90

i-iw x#nokP; k 'k{kf.kd fopkj ka dh fuoMd x# f'k"; l dYi uoj
vk/kkj hr 29 erokk vr Hkkb erkoyhr dj .; kr vkyk- g; k fo/kkukuk f'k{k.k rTKkukh
fnysk ifrl kn i qhy i ek.k&

vl ger & 04] va kr% l ger & 12] vkf.k l ger & 84

ojhy vkdMokj ho#u y{kkr ; rsdh] x#nokuh 0; Dr dsyhy x# f'k"; ; k
l dYi uoj 0; Dr dsyhy ers vk/kfud f'k{k.k i/nrhr i frfoc hr gks kr-

dk"Vd Øekad 10 % I ðirh vkf.k /keZ

	ers	¼vl ger½	¼vd kr½	¼l ger½
149	/keZEg.kts Low of Being	07	23	70
150	[kÚ; k /kekpk vk'k; ykdka ; ð i kgkpk; yk gok-	05	11	84
151	o.kÚ; oLFkpk [kj k vk'k; vktgh I ektki ; ð i kgkpkysk ukgh-	08	12	80
152	I ðirh i o/kÚ o I ðirfd tru egRRokpsvkgs	02	15	83
153	I ðirhpsvk; kRed I ðirhpsf'k{k.k ?; k; yk gos	06	13	82
154	I ðirhpsj {k.k dj .kkÚ; k egkukokkP; k thoukps o dk; kps Kku 0; Drhyk d: u kos	02	15	83
155	cgjt u LektikP; k euknu I ðirhckr fuj Rðd flkrh dku VkdY; kf'kok; i u: Rfku gkÅ "kdr ukgh-	06	10	84
156	v/; kREkd vf/kdkj gk ekuokpk I oJ'SB ekuokf/kdkj vkgs	10	20	70
157	Lor%j i Hkko feGfo.ks gk ekuokpk fo'ks'k vf/kdkj vkgs	02	11	87
159	n'skrhy m/o; qLor% Bkei .ks txx vl rkr- rðgkpk thoukph eW; i u: thohr gkrkr-	03	17	80
160	n'skpk i qkj h tj plkyk vl y rj n'skpsukxfj d vki ksvki R; kpsvuqj .k dj rhy-	03	14	83
161	n'skps urs tðgk mPp thoukpk fopkj dj rkr R; kpoGh rkfRRod 0; kogkfj d eW; kps o v/; kRedrps i u: Tthou n'skr eG /k: "kdrs	03	17	80

162	vkRel a eu l nkpkj o ušrd eW; s g; kps f' k{k.k egRRokps vkgs	01	09	90
163	0; Drhph l dYi ' kDrh o) hxr 0gk; yk goh-	02	10	88
164	eukyk mPp vkn'kkps /; s ns ks vko'; d vkgs	02	10	88
165	gsfo' oph ek>s?kj gh Hkkouk n< 0gk; yk goh-	03	08	89
166	Lor%ps l R; Lo: i tk.ku ?s ks gk ekuokpk TKUefl) vf/kdkj vkgs	02	05	93
167	ušrd eW; gs thoukps vfHkUUK vax dl scusy g; kph i f0; k egRRokph vkgs	02	13	85
168	i w k fo' o gs ?kj vl u l oz i k.kh gs R; kps fuokl h vkgs gh l gvLrhRokph Hkkouk 0; Drhe /; s fuekz k gks ks egRRokps vkgs	02	09	89

i-iw x#nokp; k 'kskf.kd fopkj ka' dh fuoMd l d'rh /keZ o eW; ; k
l dYi uoj vk/kkj hr 19 erkp v rHkkb erkoyhr dj .; kr vkyk- g; k fo/kkuk f' k{k.k
rTKk u h fnysk i frl kn i qhy i ek.k&

vl ger & 04] v dkr% l ger & 12] vkf.k l ger & 84

ojhy vk dMokj ho#u y{kk r ; r s dh] x#nok u h 0; Dr d s y h l d'rh /keZ
o eW; ; k l dYi uoj 0; Dr d s y h ers vk/kkj ud f' k{k.k i /nrhr i frfca hr gks kr-

dk"Vd Øekad 11 % vH; kl Øe

	ers	¼vl ger½	¼vd kr½	¼l ger½
174	I l d r Hkk"kp sv/; ; u vko' ; d vkgs	15	25	60
175	0; Drh gk i ; kbj .kkpkp , d Hkkx vkgs	02	05	93

i-iw x#nokP; k 'k{kf.kd fopkj ká Sh vH; kl Øe ; k l d Yi uoj vk/kkj hr
 02 erlkp va Hkkb erkoyhr dj.; kr vkyk- g; k fo/kkukuk f'k{k.k rTKkukh fnysyk
 ifrl kn i qhy iæk.k&

vl ger & 09] vdkr% l ger & 15] vkf.k l ger & 76

ojhy vkdMokj ho#u y{kk r; rsdhj x#nokuh 0; Dr dsyV; k vH; kl Øe
 ; k l d Yi ushy l d r fo" k; kckr fo'k{k ifrl kn vk<Gr ukgh- ifj .kkeh vH; kl Øe
 l d Yi uP; k ckcrhr ner vk<Gr s

fplle; I k/kdkauk ns ; kar vkyŷ; k erkoyhps fo' ys" k. k o vFkFuoŷpu%&

fplle; I k/kdkaj hrk ns ; kar vkyŷ; k erkoyh i qhy erkauk vuŷ : u ers
 ekxfo. ; kar vkyh gkrh- 1½ I | fLFkrh] 2½ f'k{k.k./; s] 3½ f'k{k.k fo | kFkhZ I gl æak] 4½
 f'k{k.k I dYi uk] 5½ v/; ; u v/; ki u i/nrh] 6½ ekuo I dYi uk] 7½ jk"V" I dYi uk]
 8½ vH; kl Øe] 9½ f'kLr] 10½ I dYi uk]

ojhy eq| ka vuŷ : u [kkyhy i æk.ks i frl kn i klr >kyk-

dk"Vd Øekad 1 % I | fLFkrh

	ers	¼vl ger½	¼vd kr%½	¼l ger½
2	'kkyŷ v/; ; ukpk thouk' kh i R; {k I æak ukgh-	48	23	29
3	vkt 'kkGkæ/kw j pukRed fparu o eeŷ"Vh ákdMsy{k ns ; kr ; r ukgh-	07	21	72
4	ekuoh; Kkufufeŷh {kerk o I 'tu'khyrk ákdMsvkt ngyŷk gkr vkgs	06	17	79
5	kydkP; k oræku dkGkdMs ngyŷk gkr vkgs	12	02	68
15	vktph f'k{k.k.iz.kkyh gh ; kŷ=d vkgs ifj .kkeh rh vkumnk; h ukgh-	06	23	77
63	vktph f'k{k.k.iz.kkyh df=e vkgs	14	26	60
111	Hkz'Vkpj gk dks kR; kgh {ks=krhy vl ks {kE; ukgh-	01	01	98
117	ng'krokn] Hkz'Vkpj] ykd I æ; kokn <kl Gysyh furheŷ; s ; kph tk.kho tkxrh gkÅu , dl æk I ekt ?kM.ks vko' ; d vkgs	00	03	97

ojhy rD; ko: u I jkl jh dk<Y; kl rh [kkyhy i æk.ks i klr gkrs

vl ger & 13] vd kr% I ger & 14 vkf.k I ger & 73-

I | fLFkrhps ts o.ku xq nokuh dŷs vkgs R; kps i frche vktP; k f'k{k.k
 fo" k; d fopkj I j .khr vkgs

dks"Vd Øekad 2 % f'k{k.kkph /;s

	ers	¼vl ger½	¼vd kr½	¼l ger½
1	ns'krthy ckyd'auk f'kf{kr dj .ks l okĩr eg'Rokps vkg's	01	03	96
6	thoukpk vfkz dG. ; kph {kerk f'k{k.kkru fuekZk Ogk; yk goh-	0	02	98
7	f'k{k.kkru fo kF; kP; k ; k; n'pk fodkl Ogk; yk gok-	0	02	98
8	f'k{k.kkru thoukps /;s fuf'pr dj .; kph i k=rk fo kF; kE/; s fuekZk Ogk; yk goh-	0	02	98
9	l ekurps o l gvflRkRokps eW; l l dkj f'k{k.kkru Ogk; yk gos-	0	02	098
10	'k'arh ekuork o l k'ldfrd fofo/krk ák eW; kps fodl u dj .kkj h f'k{k.ki z kkyh goh-	0	05	95
11	ekuork l fg" .k'pk fuekZk dj .kkj h f'k{k.ki z kkyh goh-	0	05	95
17	Kkukpk l 'ca'k thouk'kh t'kM.ks gk f'k{k.kkpk m'í'sk vl kok-	0	02	98
18	vH; kl Øekru ckyd'auk l okĩx.k fodkl O'gkok-	0	02	98
19	fof'k'UUK vkf'k'z o l kekftd i k' o'k'neh vl .kkú; k fo kF; k'pk fodkl f'k{k.kkP; k ek/; ekru O'gkok-	0	03	97
21	vkRel Ueku o u'frdr'pk fodkl ákyk f'k{k.kkr i k/kku; feGk; yk gos	02	04	94
27	'k'arh l l'Nrh fuekZk dj .ks gs f'k{k.kkps /;s vkg's	01	08	91
28	^^ k'arh^^ gs thoueW; thou'k'syh cuko; kl goh-	0	06	94

29	I 2k"KZ I kMfo. ; kph ik=rk f'k{k.kkP; k ek/; ekruu fuekZk Ogko; kl goh-	01	06	93
35	f'k{k.kkruu ckyd kps vuttko o I gHkkxhRo ; kyk i k/kku; ns; kr ; kos	0	06	94
70	eW; : to.knd o {kerk fodl u gs f'k{k.kkps mf f"V vl kos	0	0	100
72	Kkul tu i fØ; e/; s I gHkkxh gks ks gs f'k{k.kkps /; s vl kos	0	04	96
98	'kwrhph I kdrh fuekZk dj .ks gk f'k{k.kkpk mí'sk vkgs	02	03	95
100	I 2k"KZ I kMfo. ; kph ik=rk fo kF; kP; k vaxh f'k{k.kkP; k ek/; ekruu Ogk; yk goh-	0	03	97
102	thou tx. ; kph dyk fodfl r dj .ks gs f'k{k.kkps /; s vkgs	0	01	99
103	0; kol kf; d {kerk fodfl r dj .ks gs f'k{k.kkps /; s vkgs	02	14	84
104	rk.k r .kkokps 0; oLFki u dj rk ; s ks gs f'k{k.kkps /; s vkgs	15	14	71
105	txk' kh I d ðkn I k/k. ; kps dks KY; f'k{k.kkruu fuekZk Ogk; yk gos	0	04	96
106	f'k{k.kkruu i ; kbj .kkckcr tkx'drk fuekZk Ogk; yk goh-	0	02	98
107	oſ' odrpk vkOgkukyk I kejs tk. ; kph {kerk 0; Drhr fuekZk Ogk; yk goh-	01	03	96

108	0; Drhpk Hkkofud fodkl egYokpk vkgs	03	09	88
114	f'k{k.k.kkrwu fo kF; kph vkReidVhdj .kkRed dkskY; sfodfl r Ogk; yk gos	0	04	96
115	uofufeZh o vkRefo"dkj ; k "kDrhpk fodkl gksks vko' ; d vkgs	0	04	96
116	I Ri zRRkphs i k's.k d: u fpdfRI d oRRkph tksi kl uk f'k{k.k.krwu Ogk; yk goh-	0	03	97
120	dkskR; kgh i zkj P; k vki Ykhp I keuk dj . ; kl kBh 0; Drh I {ke gok-	0	0	100
122	fu.kz {kerk fodfl r gksks gs i R; sldkfj rk vfuok; Z vkgs	01	04	95
127	fo'oca{kR} fo'ol ello; ak ckchcy tix'drk fuekZk Ogk; yk goh-	0	0	100
130	0; Drh o i ; kbj .k akP; krhy vkrj I gl cak i R; sdyk I et.ks vko' ; d vkgs	01	01	98
134	urRokpsxqk ; 'kLoh ulxfj dkl kBh vko' ; d vkgs	01	05	94

ojhy f'k{k.k izkkyhr f'k{k.k /; s ns; kar vkysys vkgs rs Lokh
fpUe; kunkP; k f'k{k.k /; s erk'kh fdri r feGri tGri vksgs i kg. ; kl kBh ojhy erkps
izkst u vkgs R; kpk i klr >kysyk fudky i qhy i æk.ks

vl ger & 01] vakr% l ger & 04 vkf.k l ger & 95-

ojhy vkdMokj ho: u f'k{k.k /; s kP; k ckchr Lokh fpUe; kunkP; k
fopkj kpk vk/kfud f'k{k.k.koj i Hkko vkgs vl sy{kkr ; srs

dks"Vd Øekad 3 % f'k{k.k l dYiuk

	ers	¼vl ger½	¼vd kr½	¼l ger½
13	I pusi Kku l et .ks gh ckc pnd vkgs	09	17	74
16	'Learning without burden' gsrYo f'k{k.kkr vl kos	02	07	91
20	I kdrhj Kku] ij á jk ákp v rHkò f'k{k.kkr vl kok-	01	05	94
22	kyd kpk tletkr c) hpk r l p dYiuk 'kDrhpk vknj djko; kl gok-	02	04	96
31	f'k{k.kkr xqkoYkk vko'; d vkgs	03	01	96
39	f'k{k.kkpk l cark fo kF; kP; k vkuank; h thouk' kh vl kok-	01	06	94
42	'kkj hfj d o HkkoukRed l g f{krrk gk f'k{k.kkpk vk/kkj vkgs	03	10	87
47	'kkGru r l p 'kkGcká ?kVdkru kydkauk f'k{k.k iklr gkr vl rs	0	06	94
48	'kkGk o 'kkGcká ifj fLFkrhr l ello; gok-	02	08	90
49	fo kF; kP; k xj tk i wZ dj .kkjh f'k{k.ki fØ; k goh	0	07	93
54	vFkZufEKzh gs [kj s f'k{k.k vkgs	39	28	33
55	0; Drh vki Y; k Kkukps l tu Lor% dj rks	09	20	71
56	Kkukps: i karj dkykarj kus dksKY; kr gkrs	0	08	92
58	f'k{k.kkr vkRekfhkO; Drhoj Hkj vl kok-	02	09	89
59	xgu o l kFkZd v/; ; ukoj Hkj vl kok-	03	18	79

64	fopkj kph vfhk: ph o f'kdysyh xks'V d: u i kg.; kph l a'kh ákpk f'k{k.kkr l ekoš k vl kok-	13	02	85
65	fo kF; kP; k vu'kkokauk f'k{k.ki fØ; s egYokps LFkku vkgs	09	14	77
67	l ghkxh'rk i w'kz f'k{k.kkyk egYokps LFkku vl kos	01	07	92
78	f'k{k.kkriu vkdyu {kerk dksKY; 0; ogkj dksKY; fodf l r dj ko; kps vkgs	02	02	96
79	i fj fLFkrh' kh gks kkl; k vkar j fØ; P; k ek/; ekriu Kkukps l tu gkr vl rs	0	12	88
80	Kkukpk vFkz txk' kh l æ) gks ks gk vkgs	7	18	75
83	Kku gs dōG l k/kup ukgh rj l k/; gh vkgs	0	06	94
94	f'k{k.kkriu eW; l l dkj gks ks vko'; d vkgs	0	1	98
95	ekuokf/kdkj f'k{k.k vko'; d vkgs	1	9	90
97	f'k{k.kkriu vkar j j k"Vh; l g; ksx] l gv fLRkRokph Hkkouk ok<hl ykxkoh-	0	03	97
99	f'k{k.kkriu 'kkar rki w'kz thou tx.; kph fuoM dj.; kph {kerk fuekz k Ogk; yk goh-	0	03	97

, u-l h-, Q- 2005 e/ku f'k{k.k l dYi usckr 26 ers ?ks ; kr vkyh-
R; ki s'lh 54 os erk' kh l gerhps ckr udkj kRedrk tk.kors ojhy vkdMokj ho#u th
l jkl jh feGrs rh [kkyhy i æk.ks

vl ger & 04] vdkr% l ger & 09 vkf.k l ger & 87

ojhy vkdMokj ho: u y{kk r ; rh dh] uohu f'k{k.k i/nrhr foofpr
dj.; kr vkysyh f'k{k.k l dYi uk Eg.kts x#nokP; k fopkj kps i frfæ gks -

dk"Vd Øekd 4 % jk"V^a l dYi uk

	ers	¼vl ger½	¼vd kr%½	¼l ger½
30	ykcd' kkggh gh dðG j kT; iz kkyh ukgh rj thouiz kkyh vkgs	06	08	86
32	dðG Hkðfrd l ð k/kusgh xqkoYkpk ekunM ukghr-	01	07	92
33	l ghkxhroj vk/kkfj r ykdra= o l fo/kkukph eW; setcwr dj .ks gsdkGkps vk0gku vkgs	0	08	92
68	ykcd' kkgpk Loidkj thou' ksh Eg. ku dj .; kr ; kok-	05	14	81
101	Hkkj rkr dyk] /kefuj i {krk vkf.k l kldfrd fofo/krk ákps mngj .k vkgs	0	02	98
119	jk"V ^a e o jk"V ^h ; , dkRerk ák jk"V ^h kouP; k i fr i R; dkPk l dkj kRed n ^o Vdku fuelzk Ogk; yk gok-	0	0	100
128	l q< jk"V ^o kn] jk"V ^h ; , dkRerk] /kefuj i {krk ykcd' kkggh l ektokn ákps l ðdkj ckydkoj gks ks vko' ; d vkgs	0	03	97

, u-l h-, Q- 2005 e/; s jk"V^a l dYi ukcr dkgh fo/kkus ns ; kr vkyh
vkgs R; krhy i krfuf/kd 7 fo/kkukpk l ekoš erkoyhr dj .; kr vky- R; ko#u i klr
>kysy vkdMokjh i qhy i ek.ks

vl ger & 02] vd kr% l ger & 06 vkf.k l ger & 92

ojhy vkdMokj ho: u vl k fu" d" k z fu?krks uohu vH; kl Øekrhy jk"V^a
l dYi uk Eg. kts x#nokP; k fopkj kps i frfoc gks -

ðks"Vd Øekad 5 % f'k{k d fo | kFkhZ | gl ærk

	ers	¼vl ger½	¼vðkr%½	¼l ger½
12	cl yd k d f j r k m i ; ð r v l . k k j s v u t k o á k p h f u o M d j . ; k p s L o k r æ z f ' k { k d o f o k F ; k æ / ; s v l k o s	0	17	83
36	f'k{k d k u s v k K k i k y u o u f r d p k f j « ; á k x q k k æ j f ' k { k . k k r u u H k j k o k -	0	04	96
37	f'k{k . k k P ; k e l / ; e k n u L o r % P k v l o k t v k G [k . ; k p h i k = r k f o k F ; k æ k h f u e k z k O g k o ; y k g o h -	01	07	92
50	f'k{k d k p h d k ; f u r h l d k j k R e d v l k o h -	0	02	98
60	i k B i i k r d k O ; f r f j D r b r j f B d k . k k g u u K k u l k k l r d j . ; k l k B h f o k F ; k æ y k i k æ l k f g r d j k o ; k l g o s	01	02	97
62	f'k{k d k p h { k e r k f o d f l r g k s k s j t p s v k g s	0	04	96
66	f'k{k d o f o k F k h z á k P ; k r g k s k k ú ; k v k a r j f Ø ; k á k f o o p u k R e d v l r k r -	01	24	75
69	f'k{k d k u s f o k F ; k æ P ; k v f H k O ; D r h l i k / k k u ; k o s	0	05	95
84	f'k{k d k p h f o o p u " k s y h g h v f r ' k ; l e) v l k o h -	0	2	98
118	f o k F ; k æ v k R e f o ' o k l f u e k z k g k s Å u l æ V k u k l k e l j s t k . ; k p h { k e r k R ; k P ; k r f u e k z k O g k ; y k g o h -	0	0	100

, u- l h-, Q- 2005 e/ ; s f'k{k d fo | kFkhZ xqk/kekZckr dkgh fo/kkusns ; kr vkyh vkgr R; krhy i krfuf/kd 10 fo/kkukpk l ekoš k erkoyhr dj . ; kr vkyk- R; ko#u i klr >kysyh vkdMokjh i ehy i æk.ks

vl ger & 01] vðkr% l ger & 06 vkf.k l ger & 93

ojhy vkdMokj ho: u vl k fu" d" k z fu? krks uohu vH; kl Øekrhy f'k{k d fo | kFkhZ | gl ærk/kekZckr fo/kkus Eg. kts x#nokP ; k fopkj kps i frfæ gks -

dk"Vd Øekad 6 % v/; ; u&v/; ki u i/nrh

	ers	¼vl ger½	¼vd kr½	¼l ger½
14	v/; ki u gs ckydkP; k j pukRed LoHkkokP; k l nq; kskps l k/ku vl kos	0	04	96
23	Kkukpk i ðkg gk KkrkdMuu vKkrkdMs vl kok-	05	05	90
24	Kkukpk i ðkg eirkðMuu veirkðMs vl kok-	03	04	93
25	Kkukpk i ðkg LFkkuh; dMuu of' odrsdMs vl kok-	01	05	94
43	[kG] 'kkj hfj d f'k{k.k ákyk f'k{k.kkr i k/ku; vl kos	01	07	92
44	; kx f'k{k.kkyk i k/ku; vl kos	01	15	84
46	vfkzuopu veirzfopkj {kerk b- v/; ; ukP; k i æqk i fØ; k vkgs-	06	23	71
51	v/; ; u gh KkufufeZrhph i fØ; k vkgs	0	04	96
52	i nkZukokP; k vl/kj koj 0; Drh Kkukph j puk dj rls	0	14	86
57	okrkoy .k] ful x] oLrqvkrj fØ; k ák v/; ; ukps vfHkUuk vx vkgs-	01	02	97
61	v'kk vutkkokps vk; kst u egYokps vkgs T; kr fo kfkZ vki Y; k Kkukph j puk Lor% d: 'kdsy-	01	02	97
77	KkukP; k {ks=kr Lor%ph 'kCnkoyh i R; ; fl) kar o.kZu o i) rh vl rkr-	02	06	92
92	Jo.k gs rkdZd fodkl kdfj rk vko' ; d vkgs	03	09	88
93	v/; ki ukr oknfookn ppkZ i) rhpk voye dj .; kr ; kok-	02	09	89

, u-l h-, Q- 2005 e/;sv/;; u&v/; ki u i/nrhckcr dkgf fo/kkusns ; kr
vkyh vkgr R; krhy i krfuf/kd 14 fo/kkupk l ekosk erkoyhr dj . ; kr vkyk- R; ko#u
i klr >kyyh vkdMokjh i qhy i æk.ks

vl ger & 02] vdkr% l ger & 08 vkf.k l ger & 90

ojhy vkdMokjh: u vl k fu"d"lz fu?krks uohu vH; kl Øekrhy v/
;; u&v/; ki u i/nrhckcr fo/kkusEg.kts x#nokP; k fopkj kps i frfca gks -

dks"Vd Øekad 7 % ekuo

	ers	¼vl ger½	¼vd kr½	¼l ger½
26	vrxr I kekftd o uš fxZd i ; kbj .kk' kh ekuokpk I cdk vl kok-	01	05	94
34	ckyi .k gh fuR; ifj orZukph voLFkk vkgs	01	04	95
45	I oZckydke/; sv/; ; ukph ij .kk o {kerk vl rs	08	29	63
53	fopkj kph j puk o i uj puk gs fodkl kps vko' ; d y{k.k vkgs	01	08	91
73	eW; I ä dzgk thoukr I kfkZrk fuekZk dj rks	0	04	96
109	foKkukckcr ekuokpk tkxr n"Vhdksu gok-	0	03	97
110	'kj hj I d/kZ egYokps vkgs	01	02	97
112	ekuokf/kdkj kps Hkku I okZuk gos	01	05	94
123	foKku gs vki Y; k thoukP; k i R; d {ks=k' kh fuxfMr vkgs	0	04	96
124	i R; d 0; Drhe/; s thoukph xqkoYkk ok<fo. ; kph oKkfud vfHkoRrh vl .ks vko' ; d vkgs	0	04	96
129	0; Drhyk I kekftd n"Vîk I {ke cufo. ; kl kBh 0; Drhxr I kekftd] j k"Vh;] of' od eW; kps , df=r I ddkj dj .ks vko' ; d vkgs	0	04	96
133	0; Drh Eg.kwu i R; dkyk vki Y; k vf/kdkj o drD; kph tk.kho goh-	0	0	100
135	i R; d 0; Drh i ; kbj .kkpk , d ?kVd vkgs ¼fi Mh rscEgkMh ák RkYoku½	0	0	100

, u-l h-, Q- 2005 e/; s ekuo l dYi usckr dlgh fo/kkus ns; kr vkyh
vkgr R; krhy i krfuf/kd 13 fo/kkukpk l ekoš k erkoyhr dj .; kr vkyk- R; ko#u i klr
>kryh vkdMokjh i qhy i ek.ks

vl ger & 01] vkr% l ger & 06 vkf.k l ger & 93

ojhy vkdMokj ho: u vl k fu"d"kl fu?krks uohu vH; kl Øekryh ekuo
l dYi usckr fo/kkusEg.ktsx#nokP; k fopkj kps i frfoc gks -

dkš"Vd Øekad 8 % vH; kl Øe

	ers	¼vl ger½	¼vd kr½	¼l ger½
38	vH; kl ØekP; k ek/; eknu fo kF; kP; k ftKkl ps i kš" k. k Ogkos	01	02	97
71	vH; kl Øeknu fo kF; kP; k ftKkl ps fodkl Ogko; kl gok-	0	0	100
76	iR; d fo" k; kps Lor%ps : i vl rš Lor%ps fl) kr vl rkr-	0	04	96
81	fofo/k fo" k; kr ijLij l gl ark ukgh R; keGs Kku [kMr Hkkl rs	15	22	63
82	vkt i nZufeH Kkukoj Hkj vl Y; keGs Kku l tukph i fØ; k enkors	14	21	65
85	l keftd o l kldfrd vuHko gs vH; kl Øekpk fgLI k vl kos	0	03	97
86	j pukRedrpk egYokpk Hkx Eg. kts l kšn; Z cks/k vlf. k Eg. k up vH; kl Øekr dypk vHkz dj kok ykxy-	0	09	91
87	Hkj rkr foHkUuk Hk"kk o l ddrh , desdkauk vud o"kk kl u l e) dfjr vkgr-	0	09	91
88	ekrHk"kk gs f' k{k. k kps ek/; e vl kos	03	17	80
89	l ddrps v/; ; u EkgYokps vkgs	01	15	84
90	Hk" kP; k ek/; eknu 0; Drh l ddrh' kh tkMyk tkrks	0	06	94
91	baxth f' k{k. k kpk mš' k Hkj rh; Hk"kk l e) dj . ks gk vl kok-	12	16	72

96	bfrgkl kP; k ek/; ekru vf[ky fo'okps Kku vko'; d vkgs	0	07	93
113	nski e jk"VhkDrh] jk"Vh; , dkRerk] fo'ocdkR] foKkufu"Bk] l o/ke] eHkko] ufrd eW;] ful x] Jeifr"Bk] l kekftd tk.kho ápk fodkl Hk"keGs 'kD; gkrks	03	12	85
125	Hkj rh; bfrgkl kpk vH; kl iR; sd 0; Drh l kBh vko'; d vkgs	01	09	90
126	bfrgkl kpk vH; kl kru HkrdkGkps vkdyu orékukps Hkku] Hkfo"; kps vkOgkukyk l kekj s tk. ; kph oYkh fuekZk Ogkoh-	0	04	96
131	l "VhmRi RRkhs Kku gk vH; kl kpk fo"k; vkgs	01	05	94
132	i ; kbj .k j {k.kkps egYo gs l okuk l etk; yk gos	0	01	99

, u-l h-, Q- 2005 e/; s vH; kl Øe l dYi usker dkgh fo/kkus ns ; kr vkyh vkgs R; krhy i krfuf/kd 18 fo/kkukpk l ekoš k erkoyhr dj . ; kr vkyk- R; ko#u i klr >kyyh vkdMokjh i qhy i æk.ks

vl ger & 03] vkr% l ger & 10 vkf.k l ger & 87

ojhy vkdMokj ho: u vl k fu"d"lzfuf?krks uohu vH; kl Øekrhy vH; kl Øe l dYi usker fo/kkus Eg.kts x#nokP; k fopkj kps i frfc gks -

dk"Vd Øekad 9 % f'kLr

	ers	¼vl ger½	¼vd kr%½	¼l ger½
40	fHkrh] vfrf' kLr o r.kkokP; k okrkoj .kk fo kFkZ v/; ; u d: 'kdr ukgh-	0	06	94
41	fo kF; kkyk 'kkj hfj d nM Ogk; yk udks	09	29	62

, u-l h-, Q- 2005 e/; s'f'kLr l dYi uscker dkgh fo/kkus ns ; kr vkyh
vkgr R; krhy i krfuf/kd 02 fo/kkupk l ekok erkoyhr dj . ; kr vkyk- R; ko#u i klr
>kysy vkdMokj h i qhy i ek.ks

vl ger & 04] vd kr% l ger & 18 vkf.k l ger & 78

ojhy vkdMokj ho: u vl k fu"d"kl fu?krks uohu vH; kl Øekrhy f'kLr
l dYi uscker fo/kkus Eg.kts x#nokP; k fopkj kps i frfoc gks -

dk"Vd Øekad 10 % I ðdrh

	ers	¼vl ger½	¼vðkr%½	¼l ger½
74	0; ogkj kr Kku ekuokps de] gh I kekftd I ðdrhlyk thar Borkr-	01	07	92
75	KkukP; k n"Vhus Hkkj rh; I ðdrh foj kV vkgs	0	01	99
121	I ðdr Hkk"kk gh Hkkj rh; I ðdrhph i frfuf/kRo dj .kkj h Hkk"kk vkgs	01	04	95

, u-l h, Q- 2005 e/; s I ðdrh I ðYi usker dkgh fo/kkusns ; kr vkyh
vkgr R; krhy i krfuf/kd 03 fo/kkukpk I ekoš k erkoyhr dj . ; kr vkyk- R; ko#u i klr
>kysy vkdMokj h i qhy i æk.ks

vl ger & 01] vðkr% l ger & 4 vkf.k l ger & 95

ojhy vkdMokj ho: u vl k fu"d"lzfu?krksuohu vH; kl Øekrhy I ðdrh
I ðYi usker fo/kkusEg.ktsx#nokP; k fopkj kps i frfuf gks -

ojhy I oZvkdMokj hP; k vk/kkjs; k nktgh erkoyhpsryukRed I kj .kh; u
 d#u R; kpk I gl aak dk<. ; kr vkyk o R; ko#u ; k I gl aakP; k vk/kkjsnktgh erkoyhrhy
 i-iw Lokeh fpUe; kun ; kP; k fopkj kpk vk/kfud f'k{k.k izkkyhojhy i Hkko i MrkGuu
 i kg. ; kr vkyk-

fpUe; I k/kdkauk o f'k{k.k rTKkauk ns. ; kar vkysY; k erkoyhpk
 I gl aak %&

dkS"Vd Øekad 1 % f'k{k.k

fooj .k	rTK	I k/kd
vl ger	05	05
vakr% I ger	18	08
I ger	77	87

$$r = 0.99$$

ojhy x.kuo#u fl /n gksrdh] rTKkP; k vkf.k fpUe; I k/kdkP; k f'k{k.k
 fo"i; d I adYi ukP; k erke/; smPp Js khP; k /kukRed I gl aak vkgs

ifj dYi uph fLodk; Trk %& ojhy mPp Js khP; k I gl aakko#u i Lr q idYikdfjrk
 Bjfo. ; kr vkysY; k 'kwl; ifj dYi upk R; kx dj. ; kr ; r vkgs

dk'sVd Øekad 2 % f'k{k.kkph /;s

fooj .k	rTK	l k/kd
vl ger	03	01
vdkr% l ger	12	04
l ger	85	95

$$r = 0.99$$

ojhy x.kuo#u fl/n gksrs dhj rTKkP;k vkf.k fpUe; l k/kdkP;k f'k{k.kkps /;s fo"K; d l adYi ukP;k erke/; smPp JskhP;k /kukRed l gl aak vkgs ifj dYi uph fLodk; jrk %& ojhy mPp JskhP;k l gl aakko#u iLrq idYikdfjrk Bjfo.; kr vkys;k 'kU; ifj dYi upk R;kx dj.; kr ;r vkgs

dk'sVd Øekad 3 % jk"V^a

fooj .k	rTK	l k/kd
vl ger	03	02
vdkr% l ger	12	06
l ger	85	92

$$r = 0.97$$

ojhy x.kuo#u fl/n gksrs dhj rTKkP;k vkf.k fpUe; l k/kdkP;k jk"V^a fo"K; d l adYi ukP;k erke/; smPp JskhP;k /kukRed l gl aak vkgs ifj dYi uph fLodk; jrk %& ojhy mPp JskhP;k l gl aakko#u iLrq idYikdfjrk Bjfo.; kr vkys;k 'kU; ifj dYi upk R;kx dj.; kr ;r vkgs

dk'sVd Øekad 4 % f'k{k d fo|kFkhZ I gl cdk

fooj .k	rTK	I k/kd
vl ger	03	01
vd kr% I ger	12	06
I ger	85	93

$$r = 0.99$$

oj hy x.kuo#u fl /n gkr s dh] rTKkP; k vkf.k fpUe; I k/kdkP; k f'k{k d fo|kFkhZ I gl cdk fo" k; d I dYi ukP; k erke/; smPp JskhP; k /kukRed I gl cdk vkgs ifj dYi uph fLodk; Jrk %& oj hy mPp JskhP; k I gl cdkko#u iLrq idYikdfjrk Bjfo.; kr vkys; k 'k; ifj dYi upk R; kx dj.; kr ;r vkgs

dk'sVd Øekad 5 % v/; ; u v/; ki u

fooj .k	rTK	I k/kd
vl ger	07	02
vd kr% I ger	16	08
I ger	77	90

$$r = 0.95$$

oj hy x.kuo#u fl /n gkr s dh] rTKkP; k vkf.k fpUe; I k/kdkP; k v/ ; ; u v/; ki u fo" k; d I dYi ukP; k erke/; smPp JskhP; k /kukRed I gl cdk vkgs ifj dYi uph fLodk; Jrk %& oj hy mPp JskhP; k I gl cdkko#u iLrq idYikdfjrk Bjfo.; kr vkys; k 'k; ifj dYi upk R; kx dj.; kr ;r vkgs

dk"Vd Øekd 6 % ekuo

fooj .k	rTK	l k/kd
vl ger	05	01
vdkr% l ger	16	06
l ger	79	93

$$r = 0.99$$

ojhy x.kuo#u fl/n gks dhj rTKkP; k vkf.k fpUe; l k/kdkP; k ekuo fo"k; d l dYi ukP; k erke/; smPp JskhP; k /kukRed l gl cdk vkgs

ifj dYi uph fLodk; rk %& ojhy mPp JskhP; k l gl cdkko#u iLrq idYikdfjrk Bjfo.; kr vkyY; k 'kU; ifj dYi upk R; kx dj.; kr ;r vkgs

dk"Vd Øekd 7 % vH; kl Øe

fooj .k	rTK	l k/kd
vl ger	09	03
vdkr% l ger	15	10
l ger	76	87

$$r = 0.99$$

ojhy x.kuo#u fl/n gks dhj rTKkP; k vkf.k fpUe; l k/kdkP; k vH; kl Øe fo"k; d l dYi ukP; k erke/; smPp JskhP; k /kukRed l gl cdk vkgs

ifj dYi uph fLodk; rk %& ojhy mPp JskhP; k l gl cdkko#u iLrq idYikdfjrk Bjfo.; kr vkyY; k 'kU; ifj dYi upk R; kx dj.; kr ;r vkgs

dk'SVd Øekd 8 % f'kLr

fooj .k	rTK	l k/kd
vl ger	03	04
vdkr% l ger	08	18
l ger	89	88

$$r = 0.99$$

ojhy x.kuo#u fl /n gksrdhj rTKkP; k vkf.k fpUe; l k/kdkP; k f'kLr
fo"K; d l dYi ukP; k erke/; smPp JskhP; k /kukRed l gl cdk vkgs

ifj dYi uph fLodk; rk %& ojhy mPp JskhP; k l gl cdkko#u iLrq idYikdfjrk
Bjfo.; kr vkyS; k 'kU; ifj dYi upk R; kx dj.; kr ;r vkgs

dk'SVd Øekd 9 % l d'rh

fooj .k	rTK	l k/kd
vl ger	04	01
vdkr% l ger	13	04
l ger	84	95

$$r = 0.98$$

ojhy x.kuo#u fl /n gksrdhj rTKkP; k vkf.k fpUe; l k/kdkP; k l d'rh
fo"K; d l dYi ukP; k erke/; smPp JskhP; k /kukRed l gl cdk vkgs

ifj dYi uph fLodk; rk %& ojhy mPp JskhP; k l gl cdkko#u iLrq idYikdfjrk
Bjfo.; kr vkyS; k 'kU; ifj dYi upk R; kx dj.; kr ;r vkgs