

Report

Date: -

23/12/2014

Swami Chinmayananda vision(C.V.P.) program was conducted by swami chinmayananda study center Akola. This program was conducted for teachers on dated 22 December 2014 to 23 December 2014 at govt. B.Ed. College Akola.

The inauguration took a place at the hands of in charge principal Dr.VasudhaDeo . Dr. Deo madam introduced C.V.P program and introduced about Swami Chinmayananda and study center to the teachers.

Dr. Deo started a program. In this program madam guided to teacher on Integrated Development of human beingd. She focused on four layers of personality ,that are Physical,Mental, intellectual, and spiritual developmet .She discussed about difference between academic education and value education.After that she explain physical development, concept of mind What is the physical development? What type of physical development? What is mind ?what is mean by mental development Etc. She explained by power point presentation. While running the power point presentation she explain each and every point to teachers. Teachers was getting such kind of information and knowledge. After the presentation madam divide teachers into five group 1) Anger(Raag), 2) Mada 3) envy(Matsar), 4) Avarice(Lobh), 5) Charm (Moh) and gave one activity to each group to play a drama on given topic.

Then we took a break for 20 minutes for tea. After the break guest Dr. Sunil Bihade sir given a power point presentation on Nutrition. Nutrition is the important factor in humans life and human does not aware about that. Now need to aware peoples. What is mean by nutrition? How many types of nutrition? What is the benefits of nutrition? Dr. Bihade sir clear the doubts about nutrition. He told the meaning of nutrition. After this session. Teachers group performed drama on given topic. Each and every group tried to do best from their side. Dr.Deo congratulate to all groups to played a beautiful drama on stage. Thus ended the first day.

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On the second day of training madam started session on spiritual development. What is mean by spiritual development? How it works? When and How Did You Become Disciplined for Spiritual Growth? How Do You Measure Spiritual Growth? 3 Part Strategy for Spiritual Growth. Small Steps to Spiritual Growth Etc. Madam gave the answers of the questions. And present a power point presentation.

In the second session Mr. Anand Thatte sir take over the session. He introduced about "Yoga". Which kind of part of Yoga? How important Yoga steps? Etc. He presents a good power point presentation on Yoga. And he has gone through the practical also. After that we had a tea break for 20 minutes. After the break Dr.Deo take over the last session Madam introduce Intellectual development. What is intellect? How it works? What is your opinion of the intellectual development? She explained the intellectual development like this. Intellect or Mind, Thinking and reasoning, knowledge and understanding, Imagination and creativity, concept formation: - hot-cold, acrid-sweet, etc. madam describe the above things through power point presentation. After this session we took a group photo and distribute the certificates. Thus ended the second day and finished two days training.

In valedictory session there were two feedback from teachers .They expressed their gratitude towards institution to organize such useful training for teachers .They also expressed their willingness to participate in another Training of this centre.We distributes Certificate to all participant.We finished our session by chanting centre song .

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